

Loving life with little ones

FREE

toddle

about
out
W. Northants

Jan - March 2023

**WINTER
DAYS OUT**

**WORLD
BOOK DAY**

**EXCLUSIVE
OFFERS
worth £100s**

**WIN
A SPABREAKS
GIFT VOUCHER
WORTH £250!**

Everything Bump, Baby & Toddler Near You
Covering Northampton, Daventry, Towcester,
Brackley and surrounding areas



QUINTON HOUSE SCHOOL

Leading independent day school
for children aged 3 - 18

The Home **OF DISCOVERY.**

Come and discover how we combine a high-quality educational experience with an unparalleled level of care during your child's first years at school.

Spring Open Morning **Saturday 25th February**

To book your place, contact us on
01604 684828 or scan the code below.

We look forward to welcoming you.



BOOK YOUR VISIT



@QuintonHouseSchool



@QuintonHouseSch



@QuintonHseSch



WELCOME

TO THE NEW YEAR 2023 EDITION!

The New Year is a time to look back and to look forward. Some people make resolutions to break bad habits, create new ones or maintain existing ones. The team at Toddle About also has a resolution it intends to keep; to continue to help families love life with little ones and provide you with a wealth of local information for all things bump, baby and toddler. Check out all the great things in your area in the Daily Activity Planner on **pages 32 - 49**.

We've also got a brand new feature for you in 2023 as we've teamed up with mum blogger 'Spectrum mum adventure' to share some of her favourite adventures and activities to give you our top tips to try out with your little ones. So, grab your wellies and scarf and explore the great outdoors with these great winter events on **pages 7, 9 and 25**.

Help Us to Help The Environment!

Please help us plant a forest by subscribing to the Toddle About magazine. We are committed to planting a new tree for every subscriber magazine we send out.

[See our trees at ecologi.com/toddleabout](https://ecologi.com/toddleabout)

New adventures are around the corner. Happy New Year!

Loving life with little ones,

Ally




MANAGING DIRECTOR

PS. Have you used the Toddle About website yet? Simply pop in your postcode, and you will be shown all the different things on offer for little ones near you. Head there now: www.toddleabout.co.uk

IN THIS ISSUE

Bite Sized News	4 - 6
Winter Events	7
SEND Events & Activities	9
Have Our Children Lost Their Imagination?	11
Toddle Models	12 - 13
Fab & Funky Products	14
VIP Reader Review	15
World Book Day	16 - 17
WIN: A Classic Spa Break Gift Voucher for Two	18
The Walk Home	19 - 20
Kiddie Proofing Your Relationship	23
Toddling About	25
Special Offers	26 - 27
Winter Craft	28
Winter Bake	29
Helping Your Child Cope with Change	31
Daily Activity Planner	32 - 49
Directory	51

Call us on **01604 532054** or email: ally@toddleabout.co.uk

-  ToddleAboutWestNorthants
-  toddleaboutWN
-  toddleabout_westnorthants

MEET THE TEAM



Ally - Managing Director



Tim & Ruth - Chief Editors



Alec - Chief Technical Officer



Lou - Advertiser Support

9,000 copies of Toddle About are distributed every quarter around Northampton, Daventry, Towcester & Brackley surrounding areas.

Whilst every effort has been made to ensure the information in Toddle About is accurate and correct, we cannot guarantee that this is so and Toddle About Limited cannot and does not accept any liability for loss, damage or problems arising from any errors, omissions or inaccuracies in content, nor from actions taken by readers based on information or opinions presented in advertisements or throughout the magazine. Images and information supplied by 3rd parties have been accepted in good faith and all liability for any legal transgression including breach of copyright remains with the supplying parties.

Toddle About, Unit 3, Yorks Farm Business Centre, Watling Street, Towcester, Northamptonshire, NN12 8EU. Call us on 01604 532054.

Follow us for daily updates!



Bite SIZED NEWS

Cakes for all occasions!

Delicate Sugars make cakes for all occasions at a reasonable price. Whether it's your little ones birthday party coming up and you need a fun cake for them to get stuck into, or if you've got a loved ones birthday just around the corner and you want a fabulous cake made for them to show them how much they mean to you. They also make birthday cakes for beloved pooches! Get in contact with Charlotte at Delicatesugars@outlook.com to create your bespoke dream cake!



Offer: 10% off any cake order until March with code 'TODDLE10' www.delicatesugars.co.uk See P.15



Cook a long at Home with Maria!

As well as their popular preschool classes, you can now cook from home following along with Maria, from Eat Sleep Bake Repeat, in a series of cookalong videos. Are you living with a future bake-off champion? Whatever your reason to want to learn to cook they have the course for you. New videos are being uploaded every week.

For more information, check out eat-sleep-bake-repeat.newzenler.com/courses See P.35



Mother's Day Specials kick start the season

2023 looks set to be an exciting and event-filled year at the Northampton & Lampport Railway! Train services begin on Sunday 19th March (Mother's Day - mums ride FREE), and then run every Sunday until 10th Sept, with lots of events in between. See our website for full information. You can also follow us on Facebook, Instagram and Twitter. The railway is run completely by volunteers, working to preserve local railway heritage for future generations. Full event information available at www.nlr.org.uk. See P.8

All in One Class at Tots Play!

Every class your child needs in one! Get the most value from your baby or toddler class by joining Sarah at Tots Play! Each class is tailored to engage and support your baby's development whilst covering a range of activities such as baby massage, yoga, sign language, music, sensory and physical play. You can enjoy spending special time together in a warm, welcoming environment plus learn lots of ways to continue to support their development at home.



Offer: 10% off any class or course booking
Contact www.totsplay.co.uk/northampton-south
See P.28

SENsational SENSory Sessions!

They are not just welcoming in the New Year this January! At the SEN-ED kitchen, they are welcoming their new SENSory Kitchen Sessions. These are an opportunity for children to come and explore different food-based sensory activities. Picture an edible version of messy play with the added bonus of all senses having the opportunity to be stimulated. This is a great session for toddlers, pre-schoolers and especially those SEND children who are sensory seekers.



For more information or to book your place, contact Sarah on 07857635053 or visit www.senedkitchen.co.uk
Offer: 10% off any session with code TODDLEABOUT10
See P.8

Hartbeeps magic at weekends!

Hartbeeps Northamptonshire are delighted to be running some weekend sessions at Chester House in 2023!

So for those who have returned to work, or the parent at work in the week now is your chance to enjoy some Hartbeeps magic!

To register your interest please join their mailing list and they will send out all the booking information.

www.hartbeeps.com/northamptonshire

amy@hartbeeps.com [See P.37](#)



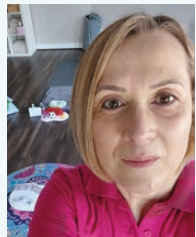
An Award Winning Sensory Experience

My Baby Spa is an award winning sensory experience for newborns to 12 month old babies & 1 to 4 year old toddlers and now in Northampton!

full 60 minute experience includes colour changing baby jacuzzi with massaging whisper jets and midwives slopes so baby is safe in water, toddler foot spas with natural spa products for role play, guided baby bonding massage with 100% natural, vegan & organic oil, baby safe mani and a My Baby Spa mini photo shoot all for just £30!

Offer: Use code TODDLE10 for 10% off

www.mybabyspa.co.uk [See P.15](#)



Treat a mum this Mother's Day with Mamababybliss

Looking after Mum is at the centre of all MamaBabyBliss classes, courses, and workshops. MamaBabyBliss South Northamptonshire offer classes ranging from Pregnancy Yoga through to Baby Massage and Baby Yoga. Weekend one-hour workshops such as Daddy and Baby Massage, Daddy and Baby Yoga and Grandparent(s) and Baby Massage, are proving popular. Supporting development milestones are two-hour workshops, Starting Solids, when introducing food to your baby and Toddler-Led Toileting when you are considering starting "potty training". All are run from the Roade House Yoga Studio.

Contact Hayley.clarke@mamababybliss.com for further details . [See P.46](#)

100% Pass Rate for Krystle Jayne's!

Krystle Jayne's Dance Academy are celebrating after receiving another 100% pass rate in their

Royal Academy of Dance ballet exams. The RAD is the most prestigious exam board and the majority of students passed with Distinction.

Enrolling now at all locations: Brixworth, Grange Park, Roade & Soo Yoga. We offer ballet from 2.5 years, tap from 4 years and street dance from 5 years.

Offer: FREE Trial, along with sibling and multiple class discounts.

www.krystlejayedanceacademy.co.uk [See P.28](#)



Stalls of Preloved Items at Great Prices!



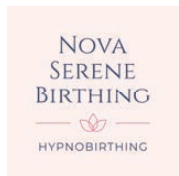
Northampton Baby & Children's Market will be returning to Northampton High School!! Stalls will be bursting with new and nearly-new baby & children's items, so come along and grab yourself some bargains! We'll also have a small selection of unique businesses showcasing their products and services, come along and grab some bargains!

£1.50 entry, kids go free! Or, if you need to clean out those cupboards, why not book a stall!

Northampton: Saturday 25th March, 11am - 12.30pm, Northampton High School Sports Centre, NN4 6UU. www.babyandchildrensmarket.co.uk



Birth Confidence with Nova Serene



Trained Hypnobirthing and Relaxation Practitioner based in Northampton, Jackie Blair (mum of 3), founded Nova Serene Birthing to cater for ALL pregnant women seeking a calm, positive and relaxed birth.

Offering Hypnobirthing Courses, Pregnancy Relaxation Classes & Community Support Sessions.

Feeling nervous, anxious, or unprepared for birth? Jackie's classes/courses will help with this by providing support, techniques or full antenatal birthing preparation to have a confident birth. Offering friendly and first class service with ongoing support and access to WhatsApp or Facebook group.

Offer: Quote TODDLEABOUT for FREE relaxation class

Check out www.novaserenebirthing.co.uk
See P.28

Fun and friendly swimming lessons!

Jane and Jacqui have both been teaching children of all ages for many years around Northamptonshire .

Teaching is their passion and pleasure. They love to see the children enjoy their time in the water, gaining water skills which are not just for early years, they are for their future in and around water.

Their Parent & Baby classes are personal and friendly. They encourage parents and grandparents to be involved in the children's learning. They were very lucky to have the opportunity to open the pool at Long Buckby in 2021. The water temperature is kept at 32 degrees, to maintain a warm environment for the children to relax and have fun in their lesson.

Offer: FREE swim nappy at your first class

Contact SwimschoolJJ@gmail.com See P.29

MINI MUSEUM EXPLORERS AT NORTHAMPTON MUSEUMS



Join us at Northampton Museum for our popular hands-on and fun pre-school sessions for the under-fives.

Explore the museum through stories, music, art and craft activities whilst making new friends and creating memories in an engaging and family friendly environment.

Held on Friday mornings during term time with a different theme each week

13 January - Hands and Feet	24 February – The Romans
20 January - Chinese New Year	3 March - Animals
27 January – Paintings (Town and County)	10 March - Sounds
3 February - Birds	17 March - Portraits
10 February - Valentine's	24 March - Spring
	31 March - Easter

£4 per child per session, refreshments included.

N Northampton Museum & Art Gallery



West Northamptonshire Council



➔ Booking essential, places are limited – book online at www.northamptonmuseums.com

WINTER Days Out

JAN -
MAR

MINI MUSEUM EXPLORERS
Northampton Museum & Art Gallery

Join the Northampton Museum for hands-on fun sessions for the under-fives. Explore the museum with stories, music and art and craft activities, whilst making new friends and creating memories in an engaging and family-friendly environment. With a different theme and activities each week.

These sessions are for pre-school children (2-5 years) and their parent and carers. Booking essential as places are limited. Friday mornings in term time.

4-6 Guildhall Road, Northampton, NN1 1DP

Tel: 01604 838111 www.northamptonmuseums.com

Cost: Children £4 per session. Booking required, places limited

From
FEB 11

PAW PRINTS TRAIL
Canons Ashby, 10am-4pm

Bring your young nature detectives and look around the outdoor spaces for nice and nasty nature clues.

What creatures live nearby, and how can you tell? Normal admission prices apply. Please dress up for the weather and remember your wellies! From 11 February until 26 March any time they are open.

Canons Ashby, Northants, NN11 3SD

Tel: 01327 861900 [CanonsAshbyNT](https://www.nationaltrust.org.uk/canons-ashby)

www.nationaltrust.org.uk/canons-ashby

Cost: Adult £11, Child £5.50

FREE EVENT

JAN -
MAR

PARENT MEETS
Various locations within Northants

A brilliant group to meet other parents around Northampton. Various locations, pram friendly (no battles with flights of stairs here!) and inclusive to ALL parents, this isn't a typical mum group. They welcome stay at home dads, adoptive parents, same sex parents, grandparents, foster parents and anyone inbetween. The group aims to provide easy, stress free meet ups.

In and around Northampton, for up to date details and future dates see [ParentMeets](#) [Parent_Meets](#)

Cost: FREE events, just bring enough for a cuppa or food

FEB
1-28

SNOWDROP DAYS
Evenley Wood Garden, 10am-4pm

With over 80 varieties of magnificent snowdrops planted in swathes throughout this beautiful 60-acre woodland haven, it's sure to be the perfect place to come and escape this winter. Spot them as you follow the many paths and rides, weave your way through the tall trees, and take a stroll along the bank of the peaceful stream. You might even spot the roaming guinea fowl!

Evenley Wood Garden, Evenley, NN13 5SH

Tel: 07776 307849 [EvenleyWoodGarden](https://www.evenleywoodgarden.co.uk)

www.evenleywoodgarden.co.uk

Cost: Adult £7.50, Child £1. Booking not required.

FEB
23

THE UGLY DUCKLING
The Core @ Corby Cube, 2pm & 4pm

Ugly Duckling is lonely and fed-up, ignored by those around her who think she is too ugly to fit in. She tries to make friends with fellow ducklings as well as with frogs, cats and even a fox, but realising she is not like any of these animals, she is left sad and alone. Follow the duckling on her journey as she overcomes her troubles and realises that she was beautiful all along.

The Core @ Corby Cube, Corby, NN17 1QG

Tel: 01536 470 470 [TheCoreAtCorbyCube](https://www.thecorecorby.com)

www.thecorecorby.com Cost: Adult £8.50, Child £6.50

MAR
12

LAMBING SEASON
Rookery Open Farm, 10am-5pm

The relaxed and welcoming atmosphere will encourage young and old alike to learn about our animals, farming and make new friends at the same time. During the lambing season you may be able to experience seeing some of the baby lambs being born.

Rookery Open Farm, Stoke Bruerne, Towcester, Northants, NN12 7SJ

Tel: 01604 864 855 [RookeryOpenFarm](https://www.rookeryopenfarm.com)

www.rookeryopenfarm.com

Cost: Adults £8, Children £7.50. Children under 2 enter FREE



Inclusive SEND Baking Sessions
 Sensory Kitchen Sessions
 SEN Education Support & Advice

For more information
 call Sarah on
 07857 635053
 or email
 sarah@senedkitchen.co.uk



@senedkitchen
 www.senedkitchen.co.uk



www.thekingspark.co.uk



The Baby Fayre
Northampton

FREE ADMISSION - 50+ LOCAL BUSINESSES EXHIBITING

SUNDAY 19TH FEBRUARY 2023
 10.00AM - 2.00PM

KINGS PARK SPORTS, MOULTON, NORTHAMPTON, NN3 6LL

NORTHAMPTON & LAMPURT RAILWAY

Trains every Sunday - 19th Mar-10th Sept
PLUS special events throughout the year



A great value family experience!

Chapel Brampton, N'pton, NN6 8BA www.nlr.org.uk
 @NLRrailway Buffet, souvenir shop, free parking

BRIXWORTH DANCE ACADEMY




NEW DANCE CLASSES
 IN BRIXWORTH

- ★ Ballet
- ★ Modern Stage
- ★ Tap
- ★ Adult Tap

WWW.BRIXWORTHDANCE.COM



GRAVITY
 ACTIVE ENTERTAINMENT

PARENT & TODDLER SESSIONS

JUST £6 PER TODDLER WITH 1 FREE ADULT

SCAN HERE TO BOOK



Please check our website for more information
GRAVITY-UK.COM/NORTHAMPTON

f @ j



ACTIVITIES & EVENTS

JAN-MAR SEND @ THE HUB

Riverside Hub
Booking required ✓

Families of children with special needs and disabilities are welcome to visit the Hub at any time, however, they have dedicated SEND events especially for SEND families and their friends. These events are quieter than the usual play sessions and take place once the venue has closed.

Friday 6th January, Friday 10th February & Friday 31st March

Times: 3.30-6pm & 6.30-9pm.

Baby (under 1 year) £4.80, Child 1-3 years £9.60

Child 4-17 years £12, Adult carer Free

Riverside Retail Park, 7 Carousel Way, Northampton NN3 9HG Tel: 01604 403003 [f](#) Riversidehub

www.riversidehub.com

JAN-MAR GRAVITY SENSORY SESSIONS

Gravity Trampoline Park, Northampton
Booking required ✓

The lights come up and the sounds go down at their relaxed SEN sessions.

Trampolining has been shown to help with a wide range of sensory, developmental and physical disabilities. In their SEN sessions, the whole park and its facilities are made exclusively available to members of recognised disabled groups and societies and caters for a wide range of disabilities.

60 minute whole park session.

£5 per participant. Use code *COMPCARER* at checkout for one free carer with every SEN session

Wednesdays 4pm, Fridays 3pm and Sundays 9am (during term time)

Tuesdays and Thursdays 9am (during February half term)

Sol Central, Mare Fair, Northampton NN1 1SR

Tel: 0330 1595815 [f](#) Gravity Northampton

www.gravitynorthampton.centeredgeonline.com

JAN-MAR SPORT4FITNESS CLUBS

Fernie Fields Sport & Social Club
Booking required ✓

3-7 years Football Club

A fun safe environment to build the foundation of gross, fine motor skills, communication, teamwork and scoring goals!

Sundays - 9:45 - 10:45am

£3 per child

First session is FREE

Gardening Club

The Sensory Garden always needs help throughout the year, they now run a gardening club for all that like to get their hands dirty.

Fridays - 12 - 1pm

£2.50 for one child

£5 for two or more children

Parents & Carers are free

Fernie Fields Sport & Social Club, Fernie Field, Moulton, Northampton NN3 7BD

Tel: 07491 306630 [f](#) Sport4Fitness CIC

www.sport4fitness-cic.co.uk

MAR 20 ONWARDS BAKE ME A CREAM TEA

SENsational Educational Kitchen
Booking required ✓

A Mothers Day baking experience.

It is an opportunity to spoil mums in a different way! During the experience, mum is spoilt by her special little person/people (and husband/partner if they want to come too) who bake scones plus either cupcakes, biscuits or jam tarts for her to enjoy with a cuppa.

The experiences will run after Mother's Day, the idea being that a voucher is bought and gifted on Mother's Day.

sarah@senedkitchen.co.uk

Tel: 07857 635053 [f](#) SENsational Educational Kitchen

www.senedkitchen.co.uk



NORTHAMPTON
HIGH SCHOOL

NURSERY COMMUNITY SESSIONS AT NORTHAMPTON HIGH SCHOOL



IRIS, 4, FUTURE PORTRAIT ARTIST

We are delighted to open the doors of our state-of-the-art Nursery facility to parents and children (boys and girls) aged 0-5, for dedicated sessions with specialist teachers.

Book your place today: junioradmin@nhs.gdst.net | 01604 667979

WE CAN play & grow

HAVE OUR CHILDREN LOST THEIR IMAGINATION

by Kat Walsh



In an age where technology is so heavily integrated into our lives, have our children forgotten how to use their imagination?

Let me take you back - it's 1997, it's the end of another busy week at school, and my resident Beanie Babies are preparing for their usual Friday night disco. The posters are up and everyone is excited to let loose and unwind!

My brother's Action Man is working security tonight, because last week's disco ended in a bit of a tussle between the cat Beanies and dog Beanies, and you never know when someone is going to start some beef... Six-year-old me is having the time of her life.

Looking back, this was what childhood was all about for me - role play, imagination, creation.

But times are changing. For better or for worse, I can't imagine my son engaging in much of this type of play. For his generation, it's all tablets and smart phones - children have access to this technology before they're even able to walk. Entertainment is ported straight into their brain, and they can simply disengage and let it happen.

And while the advances in technology have made our lives infinitely easier, I do wonder whether it's really a good thing. Should our children be able to play, explore their own imagination and entertain themselves like we did? Or am I simply struggling to come to terms with a changing world?

Perhaps, instead of worrying, we should just encourage our children to flex their imaginations every now and again, instead of fighting the inevitable. Here are some of my favourite ways to do this:

Arts and crafts - a fantastic and varied way to promote creativity and imagination in ways that your kids will love. It doesn't have to get messy (if you're anything like me, you like to avoid that where possible) - there's always paper and crayons!

Outside play - another great idea for showing kids that there is so much fun to be had away from a screen! There are plenty of ways for everyone to enjoy the great outdoors - nature walks, bug hunts, star gazing - it really is a great big world out there.

Books - are so good for promoting imagination and independence in children. Story books are the windows to other worlds and can take children on endless adventures, and there are plenty of practical but fun books out there to inspire you with different games to play and activities to explore.

Join The Debate!

What do you think? Do kids have less imagination these days? Should we encourage more 'traditional' play, or should we embrace technology and the benefits it brings?



Tell us what you think in our poll at www.toddle.fun/vote

We'll share the results with you in our next issue!

Kat Walsh is the author of the book *The Box*, which is heavily themed around imaginative play. If you'd like to discover what adventures can be had with a box and some good old-fashioned imagination, buy from Amazon at <https://amzn.to/3UqUQfC>



TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our Autumn Toddle Models competition!

We hope you enjoy looking through the entries as much as we have. Congratulations go to **Evie and Orla** who have won a £50 voucher for their parents to spend at B&M!

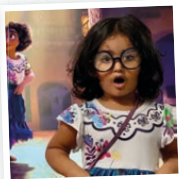
Unfortunately, we're unable to print all the entries (sorry!), but here is a random selection for you to enjoy.



Evie and Orla, 1 year old



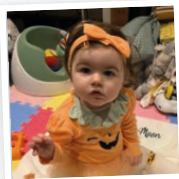
Alfie, 0 years



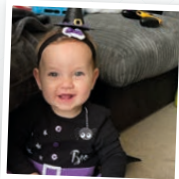
Anaisha, 3 years



Aria-Rose, 4 years



Astrid, 0 years



Ava, 0 years



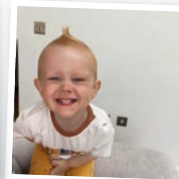
Betty, 3 years



Bobbi, 4 years



Carmella, 3 years



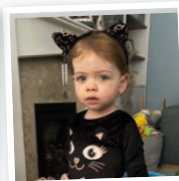
Charlie, 2 years



Chester, 3 years



Dylan, 1 years



Elara, 1 years



Elliott, 3 years



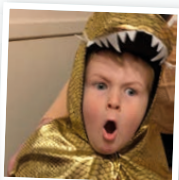
Enzo, 0 years



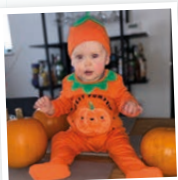
Frank, 0 years



Freddie, 0 years



Fynn, 3 years



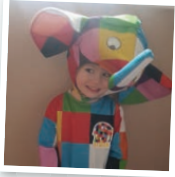
Gaius, 1 year



Holly, 3 years



Isla, 3 years



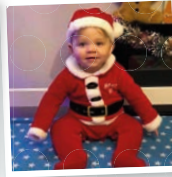
Ivy, 3 years



Jackson, 0 years



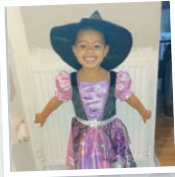
Jasper, 5 years



Jenson, 2 years



Josephine, 2 years



Lilith, 2 years



Leo, 0 years



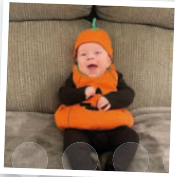
Lottie, 1 year



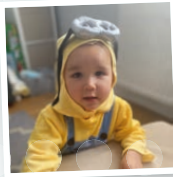
Maeve, 1 year



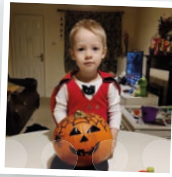
Ophelia & Violet, 0 & 3 years



Reggie, 0 years



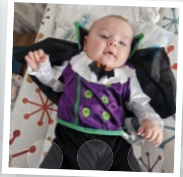
Ruben, 2 years



Sebastian, 2 years



Sienna, 1 year



Tymon, 0 years

COMPETITION

TODDLE MODELS



WIN A TODDLER & ADULT PASS TO LEGOLAND WINDSOR RESORT!



THE PRIZE: We have THREE Adult & Toddler Annual Passes to give away!

With a LEGOLAND Adult and Toddler pass you can enjoy entry into the LEGOLAND Windsor Resort, on off-peak days, for your child and any parent or guardian. With access to a host of awesome LEGO® rides, live shows and attractions, there's something for every little builder. Plus there's discounts on retail, food and beverage and more.

Find out more about the LEGOLAND Windsor Resort at www.LEGOLAND.co.uk

HOW TO ENTER: Send us a photo of your little one enjoying some wintery fun. Outdoors or indoors, it all counts!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Submit your photo by **Sun 26 February 2023.**



ENTER AT: www.toddle.fun/toddlemodels

FAB & FUNKY PRODUCTS

THE LATEST AND FUNKIEST PRODUCTS FOR YOUR LITTLE ONES



SWITCH ASSIST, £13.99

An ingenious invention, the Switch Assist is an amazing device that attaches to an existing light switch to allow toddlers to use the light themselves, amazing for promoting independence. Developed by a dad of two girls, it's set to be the next big thing!



www.switch-assist.co.uk

Offer: 20% discount using code TODDLE20



Scan to see the Switch Assist in action!



FISH 'N' SPELL GAME, £28.99

This retro game helps to promote literacy and co-ordination skills. The exciting speed fishing game for two players has three different games to play and features 100 word-cards so it improves spelling skills while having lots of fun. You can also learn French, Spanish and Italian words too!

www.fiestacrafts.co.uk



MAX AND IVY 'READ AND PLAY' BOX, £19.99

Filled with tons of learning fun, each box contains a storybook and related activity or game that provides hours of entertainment. Every story enlightens children about a different topic, from sports and science to cultures, animals, nature and more. It's an immersive and interactive way for children to learn.

www.enjoywithmaxandivy.com



UNIQUE PHOTO SERVICE, FROM £199

Vix Pix offers a unique photo service for nurseries/schools/baby groups or in her studio. Being a local independent company means she can tailor her services to your setting needs. No forced smiles here, it's all about having fun, getting

a true representation of your child's personality! (See exclusive voucher pages for offers)

www.vixpix.uk

READER PRODUCT REVIEW

INTERACTIVE WORRY PLAQUE, £24.99

My 4-year-old daughter is prone to over-thinking. She tends to worry about things and, like most children her age, she has trouble dealing with her feelings. So, I was excited to review this product. The Worry Plaque is shaped like a section of a log - to activate the plaque, your child must place their hand into the hand print shape on the front. When it glows red, your child can tell their worry to the fairies. Then the hand print turns green, indicating that the fairies have heard the worry and taken it away. As my daughter used it, her little face lit up, and she told me, 'Mummy it really works!' For me, having spent countless nights trying to help my daughter deal with very real anxieties, this simple but effective plaque is absolutely genius.

Written by subscriber Kellie-Jayne. www.theirishfairydoorcompany.com

(Review has been edited - see full review at www.toddle.fun/worry-plaque-review.)



Subscribe to the magazine and become a VIP Club member and you can review products too! (Plus you get to keep the product!)

Sign-up at www.toddle.fun/vip



VIP CLUB READER REVIEW:

Convertible Ice Cream Shop Activity Book



Written by reader
Chrisna Vaja



The Convertible Ice Cream Shop (RRP. £19.99) is an activity book and easy-to-assemble pop-up ice cream shop toy with slot-together ice creams for independent play for 3+ years.

What a great idea! This role play toy comes 'flat-packed' as a big book so it's easy to transport and, when open, it turns into a pop-up ice cream shop.

My son spent most of his time as the ice cream shop owner, making us ice creams and excitedly asking us what toppings we would like. Toppings included fruit, chocolate, sweets and multiple flavours of sauces.

The sides of the pop-up shop can be used to put scoops of ice cream on images of cones, either one or multiple scoops on top of each other. It even has a check-out till image so the children can pretend to press buttons and take payment.

The only limitation is that there are only a couple of lollies and no place to really place them. Another recommendation would be to have some play money.

This product can also be used as a book. I love how colourful and engaging the book is and enjoyed seeing my son talking about the pictures. There are also questions written throughout the product to engage children and get them thinking: for example, "What colour is the strawberry flavour?"

Loved using this and so did my son. I wouldn't hesitate to recommend it!

Buy from www.mileskelly.net

Chrisna was given this product as a freebie in return for writing this review.

Subscribe to Toddle About and you can do the same!

Find out more and subscribe at www.toddle.fun/vip

Review has been edited - read this and more reader reviews by scanning here



Delicate Sugars

Wonderful cake creations for Birthdays, Weddings, Celebrations & Parties!

For more info please email delicatesugars@outlook.com

or visit my website for more images of yummy creations

www.delicatesugars.co.uk



My Baby Spa
Award winning sensory experience for 0-12 mth olds & 1-4 year olds including jacuzzi, massage, mani & photo @MyBabySpaUK
www.mybabyspa.co.uk

NO FORCED SMILES HERE!

Children's photographer specialising in;

Nurseries/schools

Baby groups

Cake smashes

Newborn

a **unique** photo service, creative backdrops and props

It's all about having fun and getting a true representation of your child's personality!

drop us a message to book saycheese@vixpix.uk

[vixpix.uk](https://www.facebook.com/vixpix.uk)

[vix_pix_photography](https://www.instagram.com/vix_pix_photography)



VIX PIX
PHOTOGRAPHY



SCAN ME



SEE FOR YOURSELF!
VIXPIX.UK

Follow us for daily updates!



WORLD BOOK DAY

2 MARCH 2023

IT'S WORLD BOOK DAY!



MY MAGICAL BEARDED FRIEND

BY CHRIS HUSBAND

Encounter a mysterious character who gradually appears when the sun starts to go down and disappears when the sun reappears in the morning. Is he a real person or just a trick of the eye? Rhyming words and an engaging vocabulary will help even hesitant children work on their reading skills, with an amusing tone and colourful illustrations.

Cost: £9.99. Buy from [Amazon](#)



FLYING SCOTSMAN AND THE BEST BIRTHDAY EVER

BY MICHAEL MORPURGO

Paying tribute to the women who kept the railways running during the Second World War, this story is warmly written and joyously illustrated and has family at its heart. Iris knows everything there is to know about Flying Scotsman. Her dad is the famous train's driver, and every year her favourite birthday treat is a trip to see him at work. But each time Flying Scotsman pulls away, Iris wishes more than anything that she could be in the driver's cab, just like her dad. Then again, who's to stop her...

Cost: £12.99. Buy from [Amazon](#)

THE BOX BY KAT WALSH

Dexter is in for a whirlwind of adventure when he realises that with a little bit of imagination, this boring old box can be just about anything at all - a pirate ship? A rocket? A stage for a puppet show? Join him on his adventures to find out and be inspired.

Cost: £5.99. Buy from [Amazon](#)



BOB THE DOG GETS A JOB

BY TRACEY HAMMITT

Bob the Dog is a busy dog. She always likes to have a job. One sunny day, Bob heads to the park to look for a new job and gets one at an ice cream van. Bob starts really well, serving every single customer, until the cones run out and the ice cream machine won't stop making ice cream! Find out what happens to Bob and how she becomes the talk of the town.

Cost: £7.99.

Buy from [www.graffeg.com](#)



THE HEART OF A GIANT

BY HOLLIE HUGHES

There's a shape up in the hills, where a giant's said to sleep, beneath a grassy blanket, on a bed of moss and peat...

Then, one day, the sleeping giant wakes - and a small boy called Tom is plunged into an unforgettable adventure. Along the way, he'll discover what it means to be a true friend - and that even an ordinary boy can have the heart of a giant. With beautiful rhyming verse and gorgeous illustrations, this book is a real treat.

Cost: £7.99. Buy from [www.bloomsbury.com](#)



IF I WERE THE WORLD BY MARK SPERRING

*If I were the world, I'd want flowers and bees. A chorus of birds singing high in the trees.
If I were the world, I'd want sparkling seas. If I were the world...
Would YOU look after ME?*

This beautiful and uplifting book will inspire us all to join hands and help our amazing planet. With an irresistible rhyming text and stunning illustrations, it's the perfect book to inspire children to ask questions and take action.

Cost: £7.99. Available from [Amazon](#)



THE MISSING PIECE

BY JORDAN STEPHENS

Sunny loves jigsaw puzzles – the bigger the better. One day, her Gran gives her a ONE-THOUSAND-PIECE puzzle. Piece after piece, she puts together the picture, until ... DISASTER! The final piece is missing. Sunny may be small, but she is very determined – so she sets off to find it. As the day whizzes by in a whirl of new places and friends, Sunny discovers that looking for something is every bit as fun as finding it, and that perhaps the missing piece was there all along...

Cost: £12.99. Available from www.waterstones.com



TEAPOT TROUBLE

BY MORAG HOOD

Something or someone is living inside Duck's teapot! Who are they? What do they want? How will we get them out? Never fear, for Tiny Horse is here! Tiny Horse has a trampoline. She has a magnificent hat. She has a stick of celery. What more could anyone need to save the day?

A laugh-out-loud story with a message about kindness, Teapot Trouble is perfect for reading aloud and is a warm and silly picture book that children (and adults) will find hilarious.

Cost: £7.99. Available from www.amazon.co.uk



I LOVE ME!

BY MARVYN HARRISON

Brimming with positivity, this is a fun and empowering first book of positive affirmations to help little ones stand tall - perfect for building confidence and self-esteem in very young children. With joyful, uplifting statements for each day of the week, it provides an enjoyable routine to help prepare young children for the wider world of nursery and school. The book also includes a bright, fold-out ending and tips for parents and carers.

Cost: £7.99. Available from [Amazon](#)



MEESHA MAKES FRIENDS

BY TOM PERCIVAL

Meesha loves making things, but there's one thing she finds difficult to make – friends. She doesn't know quite what to do, what to say or when to say it. Then one day she discovers that she has a special talent that might just help her...

Providing an affectionate look at the joys and difficulties of making and keeping friends, and finding your place in the world, this is the perfect springboard for conversations about mental and emotional health, and managing feelings.

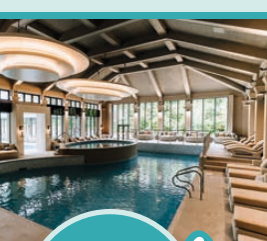
Cost: £6.99. Buy from www.bloomsbury.com

WIN

A fabulous Children's Book Bundle, worth over £300!

Win ALL the books featured here PLUS dozens of other children's titles in this fabulous children's book giveaway! There are over 30 books in our amazing prize bundle, worth over £300! Closing date Thurs 2nd March 2023.

Enter online at www.toddle.fun/worldbookday



win!

a Spabreaks.com gift voucher for two offering a one night B&B break with relaxing treatment at selected spa hotels, **worth £250!**

Spabreaks.com is a multi-award winning spa booking platform working with more than 600 spas in the UK and Ireland, arranging spa days and breaks for up to 6,000 people a week. As **Europe's number 1 spa specialist**, they were founded on the principle of making spa experiences more accessible, and to bring back the ancient purpose of spas as places of sanctuary for mind and body.

The **Classic Spa Break Gift Voucher for Two** is a pre-packaged experience voucher offering you one night bed and breakfast, full use of the spa facilities and a 1 x 25 minute relaxing treatment per person, available to use at selected spa hotels. Allowing for the **priceless gift of rest and relaxation!**



spabreaks

Enter now at toddle.fun/spabreaks

[SPABREAKS.COM](https://spabreaks.com)

Competition closes midnight Sunday 19th March. T&C's apply, see toddle.fun/spabreaks for details.

Now taking registrations

FOR CHILDREN AGED 6 WEEKS TO 5 YEARS

OPEN 7AM TO 6.30PM

Fun is an essential ingredient at Nene Valley Day Nursery and Preschool where the care and education opportunities for each and every child are as extraordinary as the staff who provide them.

www.childbasepartnership.com



Please call 01604 628444 or email nene.valley@childbase.com

Nene Valley Day Nursery and Preschool, Northampton General Hospital Complex, Cliftonville, Northampton, NN1 5BD

WE WOULD BE DELIGHTED TO SHOW YOU AROUND



Nene Valley

Day Nursery and Preschool

THE WALK HOME

by Tom Kreffer



Continuing with our celebration of all things books, to mark World Book Day on 2nd March, we invited dad and author Tom Kreffer to share a story with us. It's a story that is at once familiar and ordinary, and yet amusing, emotional and, surprisingly, full of adventure. We hope you like it...

My son, Arlo, is almost three. Today, he's at nursery, and I'm on pick-up duty (which I love). It's a task that ranks in my top three parenting responsibilities. I snake my way through the building occupied by loud, shrieking children and always-busy, always-on-their-feet staff. I pass walls that host artistic endeavours created by small, curious hands.

Nine times out of ten, I'll find Arlo in the garden. He's an outdoor kind of guy. And he's always easy to locate among the sea of moving infants because he's often the loudest among them.

'Daddy!'

I still get a buzz when I hear myself referred to as 'Daddy', a badge of honour that I'm proud to wear each day; I still occasionally question if it's real.

'Hey bud, have you had a good day?'

'Yes, I have.'

A member of staff gives me the highlights from the day. Since Arlo changed his nursery setting over a year ago, he's had pretty much nothing but good days – a stat any parent would welcome.

We always have a set agenda to work through on our walk back home. First, we stop to pick up stones. Arlo is considerate enough to get one for each of us. Sometimes, the stones come from the pavement. Other times, they come from the front

garden of one of the houses we pass. It has a gravel section that's marginally thinner than it was eight months ago.

Next, we visit a flat-development site. Most of the time, it's shut for the day, and we can only look in through the chain-mail fence. But today we strike gold: the gate is still open. There's a man in a hi-vis jacket, guiding a reversing flatbed truck onto the site with some expert arm-waving. Arlo and I stand to one side.

'Can we watch the whole thing, Daddy?' he says, with a face full of fascination.

'You betcha.'

We're midway through 'watching the whole thing' when another man arrives on the scene, instantly grabbing Arlo's attention. 'Daddy, that man has a hard hat. He might be the head builder.'

'Why don't you ask him?'

'Excuse me, are you the head builder?'

He smiles warmly, like most tradespeople do at a toddler in awe of their profession.

'Not likely. I don't get paid enough to be the head builder.'

We leave the site, and Arlo locates 'the wall'. It's typical by most wall standards, coming up to the bottom of my ribcage. This means it's high enough

to be considered adventurous if you're under a metre tall and you choose to walk on it, which Arlo does. He used to want to hold my hand. Now he's getting daring, mainly walking by himself, though I'm always by his side ready to spring into action should the need arise.

We meet a pillar box positioned flush against the wall Arlo's walking on. He stops walking, turns and crouches, transitioning into the next item of our walking home agenda: opening the shop.

'Would you like to buy anything from my shop, Daddy?'

'Oh, I would love to. What do you have in stock today?'

'Erm, I've got some apples, some pears and some books.'

'Excellent. I'll take the lot.'

'OK, here you go.'

'Thank you,' I say, pocketing the imaginary goods. 'How much do I owe you?'

'Two pounds, please.'

It's always two pounds, no matter what he sells me. Sometimes, I get an even better bargain than the one I've just got.

Arlo resumes the walk along the wall until he reaches the end. Then he holds on to my hands and jumps off.

Then I fly him up the street like an aeroplane.

Then I get tired and put him down.

Then he pretends to put some imaginary energy in my pocket and demands more aeroplane action. I can't say no, no matter how hard my lungs protest.

He asks questions that I don't know the answers to, like what type of berry is on a tree or why there is a particular shape of cloud in the sky. He makes me feel ignorant and full of wonder at the same time. Through his eyes, I'm treated to a unique view of the world that I haven't experienced since I was his age. Not that I remember it.

'Look, Daddy, a robot!'

He's not wrong. It's a small white thing on wheels, shaped like a large vacuum cleaner. These robots



deliver food. I find their presence poignant. They remind me of my childhood and what technology was like when I was small (Walkman, anyone?). I consider what life will be like for Arlo when he's grown up. I wonder what technological achievements his kids will find fascinating. That's if he has any, of course.

We cross the road and turn down our street. We see a dog. 'I love that doggy, Daddy.'

He says that about every dog we pass in the street.

We reach our door. As I'm getting my keys out, Arlo decides to conduct an enquiry about something he sees stuck on the wall. It's a piece of chewing gum. He's already touching it when I notice.

'Arlo, that's dirty.'

'Should someone have put it in the bin?'

'Yes, they should.'

'Can I have a little play when we get inside?'

'Yea—'

'Actually, I want a snack first. Can I have a cracker?'

'A cracker ple—'

'Please.'

'Sure!'

'Hooray! Thank you, Daddy!'

'You're welcome, Arlo.'

I open the door, and we both walk in.

All in all, a pretty solid walk home.



Tom Kreffer is the author of Dear Dory: Journal of a Soon-to-be First-time Dad, Dear Arlo: Adventures in Daddling, Toddler Inc., and he is the creator of the Adventures in Daddling Newsletter. He lives in Northampton with his family, whom he intends to exploit for many more story opportunities in the years to come. Find out more at tomkreffer.com

SUBSCRIBE TO TODDLE ABOUT MAGAZINE

AND BECOME A VIP CLUB MEMBER

Sign up today - pay nothing for 3 months!

1ST ISSUE FREE!



Magazine Delivered To Your Doorstep



Exclusive Quarterly Giveaways



Product Reviews & Freebies



All this for just £2 every quarter, cancel any time!

www.toddle.fun/vip

SUBSCRIBE BEFORE 31ST MARCH TO ENTER

THIS QUARTER WE'RE GIVING AWAY: ↘

JOSEPH JOSEPH EXTEND

Casdon has made kitchen role-play so much fun! Fill up the water bowl and watch the cutlery and crockery change colour. Water pumps from the basin back to the tap for endless play. Worth £25.



DREAMEGG D11 MAX WHITE NOISE MACHINE

This device can easily mask noise and play comforting sleeping sounds to improve sleep anywhere, anytime. It's a game changer to overcome sleep regression. Worth £36.



CREATIVE LITTLE CRAFTERS KIDS CLUB SUBSCRIPTION

3 month subscription with access to downloads and tutorials, videos and live make-a-longs, fun crafts, competitions, step-by-step art lessons. Worth £45.



LITTLE BIG KID SUBSCRIPTION SNACK BOX

Filled with a range of healthy yummy snacks and delivered straight to your door. Approved by nutritionists and loved by kids. Worth £21.75.



£20 CHERRY BLOOM CLOTHING VOUCHER

Cherry Bloom Clothing is your one stop shop for maternity, baby and children's clothing plus character items, accessories and gifts. Worth £20.



OLIVER'S CUPBOARD ORGANIC BABY FOOD BUNDLE

Celebrating authentic recipes from around the globe, from sambar and tom yum to laksa and korma, introduce your children to a world of flavours. Worth £24.



RT34 VIDEO CAMERA WALKIE TALKIES

These robot-shaped devices re-invent walkie talkies by bringing video to the experience - a very popular toy for both boys and girls to enjoy. Worth £58.



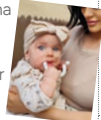
START-RITE TODDLER BACKPACK

An ideal pre-school size backpack for snacks and all their essential things. Made from an easy to clean fabric, with a mesh water bottle holder and reflective safety details. Worth £25.



PERSONALISED BREASTFEEDING AND TEETHING NECKLACE

The accessory every mama needs, with a sleek design that combines textures with style. Personalise your piece to create a forever keepsake. Worth £19.99.



SUBSCRIBE TODAY & GO VIP www.toddle.fun/vip

You can cancel any time. For full terms and conditions are online.

Discover what's on for little ones near you

Just enter your postcode, and away you go!



What will you find on the Toddle About website today?

www.toddleabout.co.uk



KIDDIE PROOFING YOUR RELATIONSHIP

by Anna Williamson

Anyone who ever uttered the words 'let's have a baby, it will bring us closer together' has clearly never endured the parenting tag team during endless night feeds.

Having a baby is undoubtedly a wonderful occasion - it's life changing in so many beautiful ways. But it's also mind-blowingly challenging in others, and it's important that every parent feels able to say and acknowledge the highs and the lows that being mummy and daddy often brings. To say it's a 'rollercoaster' is perhaps a very clichéd phrase, but I think it's the perfect description for what it often feels like – hurtling down the parenting tracks, unable to get off, and often looking windswept and shell-shocked to boot.

It's fair to say that the role of being a parent takes over your life, your emotions ... and your bank balance! It also has an enormous impact on your relationship.

According to some reports, 1 in 5 couples break up within the first year of having a baby, and as sad as that statistic is, I can understand why. Babies need constant attention. They rely on us adults solely for their survival, and that's more than a little overwhelming. Our partner and our relationship often get shoved right down the pecking order of priorities.

So if your relationship is feeling the strain, that's OK. It's normal. But this is the time to take stock and work out ways to ensure that you can keep some time and energy aside for each other - otherwise you run the risk of turning into glorified roommates.

Now, it's not all about sex. In fact, sex is most often the last thing on a couple's mind in the first few months – particularly for mum who has been through the birthing process – and the 'right time' to get your sex life back on track will be different for every couple.

A good tip is to actually take sex off the table for a bit, and instead work on emotional and physical intimacy. This could be hugging, enjoying a little shoulder or foot rub, curling up together on the sofa, chatting, and having a no pressure kiss.

Just being intimate with your partner, letting them know how much you love them, appreciate them, and respect them can make all the difference for a mutually happy couple, particularly when you're feeling exhausted and desperate for some adult time away from the nappy changing.

Find some time each day to be together as a couple, even it's only 10 minutes! Make sure you make it a priority to re-connect, to share your feelings and news, to let each other know you've got their back. It can make all the difference to keep the 'couple cup' full and fulfilled.



Anna Williamson is the resident relationship expert at **The Relationship Place**. If you and your relationship would like some more help, support and advice, check out therelationshipplace.co.uk and try out her *Couples and Kids Plan*, where you can access video coaching tutorials and much more. For a free taster video head to therelationshipplace.co.uk/couples-with-kids-free-giveaway





The **ULTIMATE** show for parents with little ones!

This is your opportunity to try and buy products, listen to parenting experts, watch demos on all things bump, baby & toddler.

 Sunday 23rd April 2023

 10am - 3pm

 Warwick Hall, Warwick, CV34 6PP

FREE EVENT!

Register in advance and get a FREE goody bag while stock lasts!

EXHIBITOR BOOKINGS ARE NOW OPEN!

Register for **FREE** at toddle.fun/babyshowwarks



Development

grows from
the heart

That moment. When everything else melts away. And their smile washes over you. That skin-to-skin contact. Nurturing, bonding and developing in the warmth of the water.

Water confidence builds life confidence, for you and your baby.

And who better to guide you than the best trained teachers in the world?

When you're ready, we're ready.

To book your first class call
01295 709221

waterbabies.co.uk



We've teamed up with local mum blogger Lynsey, from Spectrum Mum Adventure, to share some of her favourite adventures and activities to give you our top tips to try out with your little ones.

I'm no expert, I'm just a mum, trying to advocate for families in similar situations to us. I have a 4 year old on the ASD pathway, a stepson who is 11 and I will give honest reviews of places we visit.

This is a lovely farm with lots to offer for the whole family all year round. There are tractor rides, crazy golf, indoor and outdoor play equipment, lots of farm animals to see and meadows to walk. The price is average and you can get a free carer ticket (proof required). They have food options available and there was plenty of room to take your own picnics/food with tables under shelter too. The main paths are wheelchair/pushchair friendly, further in the fields it's more difficult. They do offer disabled toilets throughout the farm.

The play equipment is a lovely wooden structure. However, you would need to be able to climb independently to use it. The highlight for us must be being able to pet/handle and feed some of the animals. Our son has a keen interest in animals, so he was really engaged. In fact the whole family loved it.*Read the full review at toddleabout.co.uk/reviews



INFO: **Opening times:** open 7 days a week. Opening every day from 9.30am. Closing times vary, see website
West Lodge Farm Park, Back Lane, Desborough, NN14 2SH. Tel: 01536 760552. www.westlodgeruralcentre.co.uk

Lynsey is an Insta-mum and the founder of [Spectrummumadventure](http://Spectrummumadventure.com). Through her social media, she shares her adventures with her children and days out in and around Northants. Discover her world at [instagram.com/spectrum_mum_adventure](https://www.instagram.com/spectrum_mum_adventure).



RUGrats & Halfpints



Welcome to Rugrats & Halfpints!

Come along and join in the fun!

If your looking for a relaxed and friendly cafe,
serving a wide range of homemade food and excellent coffee,
whilst the children play then Rugrats and Half Pints is the place for you.

Providing sensory and soft play in Banbury and Cirencester from birth!



Baby Area The Main Frame The Cafe Trampolines

www.rugratsandhalfpints.com



For £1 off per child use code **TODDLENN1**

EXCLUSIVE OFFER VOUCHERS

THESE OFFERS ARE
EXCLUSIVE TO TODDLE ABOUT -
YOU WON'T FIND THEM
ANYWHERE ELSE

PREGNANCY

FREE
CLASS

NOVA SERENE
FREE ONLINE PREGNANCY
RELAXATION CLASS
www.novaserenebirthing.co.uk
Call 07572891476 or email nova.sb@outlook.com &
quote TODDLEABOUT to book.

HEALTH & WELLNESS

10%
OFF

DAISY FIRST AID NORTHAMPTON
10% OFF VENUE & HOME CLASSES
www.daisyfirstaid.com/northampton
Email abi@daisyfirstaid.com and quote 'Toddle About'. New bookings only.

BABY & TODDLER CLASSES

50%
OFF

BOOGIE BEANIES
YOUR FIRST SESSION FOR 1/2 PRICE
CONTACT INFO@BOOGIEBEANIES.COM
www.boogiebeanies.com 07766 731542
New customers only. Quote 'Toddle About'

10%
OFF

MY BABY SPA
10% OFF BABY SPA SESSIONS
contact@mybabyspa.co.uk
Book using discount code TODDLE10.
New customers only. Expires: 31/03/2023

FREE
TRIAL

DEXTERITY DANCE
FREE TRIAL FOR NEW CUSTOMERS
COME AND TRY OUT: GYM & CIRCUS,
START 2 DANCE OR BALLET CLASSES
www.dexteritydance.com
New customers only. Email dexteritydance@gmail.com and
quote 'Toddle About' when booking. Expires: 31/03/2023

10%
OFF

RUGBYTOTS (BANBURY & TOWCESTER)
10% OFF 1ST TERM OF CLASSES
www.rugbytots.co.uk
vince@rugbytots.co.uk
New customers only. One code per child.
Banbury & Towcester classes only. Email to book.
Quote 'Toddle About'. Expires: 31/03/2023

FREE
APRON
& TOTE

EAT SLEEP BAKE REPEAT
FREE PERSONALISED APRON & TOTE
BAG WHEN YOU SIGN UP TO A FULL
TERM
Call 07985408289 & quote TODDLEABOUT to book
New customers only.

10%
OFF

SENSATIONAL EDUCATIONAL KITCHEN
10% OFF ANY CLASS
OR COURSE
www.senedkitchen.co.uk
Quote 'TODDLEABOUT10'
Expires: 31/03/2023

FREE
TRIAL

HARTBEEPS
(NORTHAMPTON, RUSHDEN & KETTERING)
FREE TASTER SESSION
www.hartbeeps.com amy@hartbeeps.com
New customers only. Email to book.
Quote 'Toddle About'. Expires: 31/03/2023

10%
OFF

TOTS PLAY (NORTHAMPTON SOUTH)
10% OFF ANY CLASS OR
COURSE BOOKING
WWW.TOTSPRAY.CO.UK/NORTHAMPTON-SOUTH
Quote 'Toddle About'. Expires: 31/03/2023

FREE
SWIM
NAPPY

JJ SWIM SCHOOL
FREE SWIM NAPPY WITH YOUR
FIRST LESSON
swimsschooljj@gmail.com
New customers only. Email or call 07792217630 to book
Quote 'TODDLE ABOUT' to claim your swim nappy.

10%
OFF

TUMBLE TOTS (NORTHAMPTON)
10% OFF 1ST TERM OF CLASSES
www.tumbletots.com/Northampton
Book using discount code HVT116.
New customers only. Subject to availability.
Expires: 31/03/2023

FREE
TRIAL

KIDSLINGO SPANISH
NORTHANTS S & W, TOWCESTER AND OLNEY
FREE TRIAL FOR NEW CUSTOMERS
AWARD-WINNING SPANISH CLUBS
FOR BABIES - 11 YRS
WWW.KIDSLINGO.CO.UK
Email isabel.rd@kidslingo.co.uk and quote 'Toddle About'.
New customers only.

FREE
REUSABLE
NAPPY

WATER BABIES (NORTHAMPTONSHIRE)
GET A FREE REUSABLE NAPPY WITH
EVERY HAPPY NAPPY PURCHASED
www.waterbabies.co.uk
Call 01295 709221 and quote 'Toddle About'
when you order your nappy. Expires: 31/03/2023

EXCLUSIVE OFFER **VOUCHERS**

INDOOR PLAY CENTRES

**£1 OFF
PER
CHILD**

RUGRATS & HALFPINTS

£1 OFF PER CHILD ENTRY

www.rugratsandhalfpints.com

Voucher can only be used once.
Expires: 31/03/2023

PRODUCTS

**10%
OFF**

DELICATE SUGARS

10% OFF YOUR ORDER

Contact Delicatesugars@outlook.com

www.delicatesugars.co.uk

Quote 'TODDLE10'. One code per order. Expires 31/03/2023

PHOTOGRAPHERS

**10%
OFF**

VIX PIX PHOTOGRAPHY 10% OFF PHOTOS

IF YOU BOOK A PHOTOSHOOT FOR A NURSERY/
SCHOOL/BABY GROUP

www.vixpix.uk

Use code 'TODDLE2023' when you book via email or purchase photos.
New Customers Only. Code can only be used once per customer.
Expires 31/03/2023

**20%
OFF**

VIX PIX PHOTOGRAPHY

20% OFF PHOTOSHOOTS

WHEN BOOKED BETWEEN JAN - MARCH
www.vixpix.uk

Use code 'TODDLE2023' when you book via email. New
Customers Only. Code can only be used once per customer.
Expires 31/03/2023

FREE TRIALS

The following class provider offers **Free Trials** as standard to new customers.

Please quote **'Toddle About'** when booking.

Krystle Jayne's Dance Academy

krystlejayedance@gmail.com

www.krystlejayedanceacademy.co.uk

Rugbytots (Banbury & Towcester)

Vince: 0345 313 0286

www.rugbytots.co.uk

Oncore Dance Academy

oncore@hotmail.co.uk

www.oncoredanceacademy.co.uk

All trials are subject to availability.



TIGERS INDOOR PLAY LTD

CHILDREN'S SOFT PLAY CENTRE IN DAVENTRY

1 Riley Close, Daventry, Northamptonshire NN11 8QT



TEL: 01327 312188

WWW.TIGERSPLAY.CO.UK



HALF PRICE ADMISSION VOUCHER*

* This voucher entitles the bearer to half price admission for up to 2 children and 2 adults. Valid 5 days a week. Photocopies not accepted. Cannot be used in conjunction with any other offer.

OFFER CODE: TOD01/23N

Please complete details to validate this voucher: Name:

Mobile: Email:

FELT ANIMAL BOOKMARKS

These felt animal bookmarks take minutes to make and are so fun! Perfect for all your new World Book Day books 😊

INSTRUCTIONS:

1. Scan the QR code and download, print and cut out the pattern templates.
2. Cut out the pieces you'll need from felt scraps.
3. Hot glue details (eyes/nose/teeth) to the front circle.
4. Hot glue ribbon and any 'sticky out' pieces like horns, ears, fins etc onto the back circle.
5. Glue the front circle onto the back circle, sandwiching the ribbon and other pieces in between.
6. Trim ribbon to your preferred length for the bookmark. 10-12" works for most chapter books.
7. Glue the ribbon-bottom detail (apple, star, heart etc) on each side of the ribbon at the bottom of the bookmark.



YOU WILL NEED:

- Scissors
- Pattern template
- Hot glue gun
- Craft eyes
- Felt scraps
- Ribbon



Craft by Brandy Nelson of Gluesticks, author of 'Sew with Me'. Discover more at gluesticksblog.com



FREE TRIAL & SIBLING DISCOUNTS

Ballet, Tap, Modern & Street Dance classes for children

Branches in
Grange Park, Brixworth,
Roade & Soo Yoga (Sol Central)

Baby Ballet 2½ years
Street Dance 5+ years

For more information call 07791 852891 or email: krystlejayedance@gmail.com

www.krystlejayedanceacademy.co.uk

IDTA & RAD Exams. Shows & Competitions
Fully qualified & experienced staff.



NOVA SERENE BIRTHING

HYPNOBIRTHING

NEW CLASSES

- ♥ PREGNANCY RELAXATION (ONLINE & IN PERSON)
- ♥ HYPNOBIRTHING COURSE (GROUP & PRIVATE)
- ♥ COMMUNITY SUPPORT MEET UPS

Call or email Jackie for more information
07572 891 476
nova.sb@outlook.com
www.novaserenebirthing.co.uk






Every Class Your Child Needs in One...

For Great Value and Even More Fun!






Unique, Multi-Activity Developmental Play Classes
Where Special Memories Are Made...

Yoga, Music, Massage, Sign Language and Sensory Exploration
Combined with Cuddles, Smiles, Friendships and Fun!

Classes Suitable from Birth to 5 Years

BANANA, CINNAMON & COCONUT HEART BISCUITS

These biscuits are perfect for teething babies - soft enough to mush in their mouths but crisp enough to bite, which helps their teeth push through. They are dairy and egg free.

INGREDIENTS

- 2 large bananas (riper the better)
- 135g rolled oats
- 8 tbsp desiccated coconut
- 1 tsp cinnamon

DIRECTIONS

1. Preheat oven to 180°C and line baking tray with parchment paper.
2. Mash bananas well and add in the oats, coconut and cinnamon. Stir well.
3. Use your hands or a cookie cutter to make shapes (here we pressed the mixture into the cutter and popped back out)
4. Bake for 15 minutes or until golden, then allow to cool on a wire rack,
5. Decorate with chosen toppings or keep as teething biscuit.



Recipe kindly provided by JJ's Baby Led Bakes: www.toddle.fun/baby-led-bakes

JJ SWIM SCHOOL

Dedicated Parent & Baby classes and pre-school lessons with fun, highly experienced swimming instructors who have been teaching for over 20 years!



Lessons take place in a lovely warm private pool with small class sizes, pool venue has ample parking. For more info or to book please contact: swimschooljj@gmail.com | Jacqui: 07792 217630 | Jane: 07777 667716



JJ Swim School, Station Works, Station Road, Long Buckby, Northamptonshire, NN6 7PF

Follow us for daily updates!



Strong Start

Strong Start is a team of qualified and experienced Early Years professionals

We provide free face to face sessions where you can meet others whilst learning about subjects which help you to support your family



 @StrongStartTeam

 @StrongStart1

 @strongstartteam4

 www.northnorthants.gov.uk/strongstart
www.westnorthants.gov.uk/strongstart



Scan to book

EXPLORE & PLAY@NGA

Gymnastics for all under 5s 



Sessions run Monday - Friday mornings at the Northampton Gymnastics Academy
10 NORTH PORTWAY CLOSE, ROUND SPINNEY INDUSTRIAL ESTATE, NN3 8RQ



TO BOOK ONLINE SCAN THE QR CODE OR VISIT:
www.bookwhen.com/exploreandplaynga

 /NorthamptonGymnasticsAcademy

Swimming Classes Babies to Big Kids



Small classes

We keep our classes small to ensure every child gets attention and help where needed.

STA Award Scheme

We use the STA Award Scheme to help your child progress from beginner to advanced levels.

Qualified Teachers

Our teachers are all Aqualight trained and have professional teaching qualifications.

Telephone:
01604 830405

info@aqualight.co.uk | www.aqualight.co.uk


Aqualight

7 WAYS TO HELP YOUR CHILD COPE WITH CHANGE

By Liat Hughes Joshi



Preschool children can find change especially difficult – they're too little to understand what's going on or to have any control over the bigger aspects of the situation. They might well not even be able to articulate their feelings.

Whether it's a family change such as the arrival of a new sibling, or moving house or school, here are some ways to help them cope:

1 When you know change is coming, get your little one used to the idea a short while in advance by talking about what's going to happen and building familiarity with their new circumstances. Timing is important here, so don't do this weeks before as that won't be meaningful to them (the exception being pregnancy where they will notice your bump obviously!) If they're moving home or nursery/preschool, take them to see the new place, and point out some of the features of it they might like. If that's not possible, show them photos and videos online.

2 Let them have some basic involvement in whatever is going on in relevant, age-appropriate ways. So if you're moving house, can they choose something (minor and inexpensive) for their room? If they're changing nursery or school, perhaps a new bag?

3 Keep to their usual routines as much as possible through the change – this stability will help them feel secure, but also sticking to regular eating and sleep times will ensure they don't get grouchy through hunger or tiredness.

4 Give them a little leeway if they 'play up' behaviour-wise – they might be upset by whatever is going on. But don't abandon all rules

too much or for too long. Again, those firm boundaries help your child feel secure. And definitely draw the line at any hitting out/ biting at you or others too – it's fine to be upset or angry at some bad event but it's never okay to take it out on other people physically.

5 Don't make assumptions about how your child feels about the change – instead observe how they're reacting and if they're a little older listen to what they say about it. It might be quite different to how you or their sibling would have reacted at their age.

6 Offer extra cuddles and a little more attention. When there's a lot going on, it can be tricky to spend time with your child but, whenever you can, make sure you find part of the day to give them your undivided attention, to cuddle and chat and help them feel like you're there for them.

7 Look after yourself too – when times are tough it's tempting to focus solely on helping your child but, if you're to be in the best position to do that, you need to take care of you. Don't feel guilty about this; perhaps find someone to look after your little one so you can offload on a friend or family member, or go for a walk to contemplate what's going on.

*Liat Hughes Joshi is a journalist and author who specialises in writing about parenting and family life. She is the author of six parenting books and has contributed to many publications including The Daily Telegraph, The Sunday Times and The Guardian. Her most recent book **Help Your Child Cope With Change** is published by Vie, £10.99*

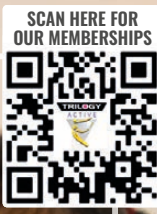
Help Your
Child Cope with
Change

101 Ways to Ease Worries
and Build Inner Strength

Liat Hughes Joshi



IN AN UNCERTAIN WORLD...

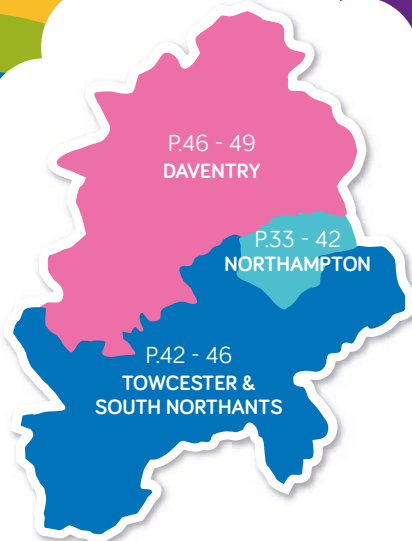


TRUST TRILOGY TO BE MORE THAN JUST A GYM

CRIPPS | DANES | DUSTON | LINGS | MOUNTS

Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in West Northamptonshire.



NORTHAMPTON AREA

MONDAY

PARENTS & TOTS

Duston Library

Pendle Rd, Northampton, NN5 6DT. 03001267000.

- **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Introduce your children to rhymes and songs

Cost: Free (drop in). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Duston Parent and Toddler Group

Duston Village Hall, Sycamore Rd Duston, NN5 6JS. 07717 873074.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs 11 mths. **Cost:** £2 per session (book). **Dates:** 9 Jan - 27 Mar.

Earls Barton Library

Broad Street, Earls Barton, NN6 0ND. 0300 126 1000.

- **Stay & Play:** 14:15 - 15:15. **Ages:** 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Grange Park Parent and Toddlers Group

Grange Park Community Centre, School Lane, Grange Park, NN4 5FZ. **Times:** 10:00 - 12:00. **Ages:** 0 - 5 yrs. **Cost:** £3.50 (drop in).

Dates: 9 Jan - 27 Mar.

Harlestone Tiny Tots

Harlestone Village Hall, Harlestone, NN7 4EH. 07895 953743.

Times: 10:00 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £2 per session (drop in).

Dates: 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Moulton Library

Moulton Community Centre, Reedings, Moulton, NN3 7AX.

- **Play and Learn for under 5s:** 13:00 - 15:00. **Ages:** 0 - 5 yrs.

Cost: Free (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Northampton High School

Newport Pagnell Rd, Hardington, NN4 6UU. 01604 765765.

- **We Can: Explore and Grow!** 10:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £6 per session (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

St James Community Centre

St James Rd, Northampton, NN5 5LQ.

- **Stay and Play:** 9:30 - 11:15. **Ages:** 0 - 5 yrs.

Cost: £1 suggested. **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Session ends with singing or parachute play.

The Toddle Inn, Carey Baptist Church

34 West Street, Moulton, NN3 7SB. 01604 491966.

- **The Toddle Inn:** 13:30 - 14:40. **Ages:** 0 - 4 yrs. **Cost:** £0.70 per session (drop in). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

MUSIC & SIGNING

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, NN4 6DA. 07811 771480. www.musicbugs.co.uk.

- **Family Bugs:** 10:00 - 10:40 & 13:00 - 13:40. **Ages:** 0 - 5 yrs.
- **Mini Bugs:** 11:00 - 11:30. **Ages:** 6 mths - 2 yrs.
- **Baby Bugs:** 12:00 - 12:30. **Ages:** 0 - 10 mths.
- **Mini Bugs:** 12:00 - 12:40. **Ages:** 6 mths - 2 yrs.

Cost: £6.50 (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Weston Favell Library

Weston Favell Centre, NN3 8JZ. 0300 126 1000.

- **Story Stomp:** 10:30 - 11:00. **Ages:** 0 - 4 yrs 11 mths.

Cost: Free (drop in). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

Baby Sensory Centre, Unit 2 - Green Lodge Barn, Nr Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

- **Baby Sensory (0 - 13mths):** 10:00 - 10:55.
- **Baby Sensory (0 - 6mths):** 11:30 - 12:25.

Cost: £8.25 per session (book). **Dates:** 9 Jan - 6 Feb.





Family friendly classes for parents, carers & children

GET IN TOUCH FOR MORE INFORMATION OR TO
BOOK A VENUE OR HOME CLASS**Daisy First Aid Northampton**

Covering NN1 - NN5 postcodes

abi@daisyfirstaid.com

07429 328263

**CREATIVE****Eat Sleep Bake Repeat**

36 Summerfields, West Hunsbury, Northampton, NN4 9YN. 07985 408289. Eat-sleep-bake-repeat.newzenler.com.

• **Preschool cookery classes:** 10:00 - 10:45. **Ages:** 2 - 4 yrs.**Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.• **After school cookery classes:** 16:30 - 17:15. **Ages:** 4 - 11 yrs.**Dates:** 9 Jan - 6 Feb. **Cost:** £8 per session (book).**DANCE & DRAMA****Oncore Dance Academy**

Oncore Studios, Footshape House, Kingsthorpe Rd, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333. www.oncoredanceacademy.co.uk.

• **Baby Ballet:** 16:15 - 17:00. **Ages:** 3 - 4 yrs.• **Pre-Primary 1 Ballet:** 17:00 - 17:45. **Ages:** 4 - 5 yrs.**Cost:** Free (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Free trial class. Quote 'Toddle About' when booking.

PHYSICAL FUN**Danes Camp**

Clannell Rd, Hunsbury, Northampton, NN4 0RX. 01604 837400. www.trilogyleisure.co.uk.

• **Preschool Gymnastics:** 11:15 - 12:00 & 12:15 - 13:00.**Ages:** 2 - 5 yrs. **Cost:** £5 per session (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.**Lings Forum Leisure Centre**

Billing Brook Rd, Weston Favell, Northampton, NN3 8JR. 01604 837400. www.trilogyleisure.co.uk.

• **Soccer Cubz Football Classes****Times:** 10:30 - 11:00. **Ages:** 1 ½ yrs - 5 yrs.**Times:** 11:15 - 11:45. **Ages:** 1 ½ yrs - 5 yrs.**Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar. **Cost:** £4.50 (book).**Northampton Gymnastics Academy**

10 North Portway Close, Round Spinney Industrial Estate, NN3 8RQ. northampton_ga@icloud.com

• **Explore & Play @NGA:** 9:30 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £5 (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.**SWIMMING****Aqualight Swim School**

Headlands Primary School, Bushland Rd, NN3 2NS. 01604 830405. www.aqualightbabies.co.uk.

• **6-12 months:** 11:30 - 12:00. **Ages:** 6 mths - 1 yrs. **Cost:** £11 (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.**Aqualight Swim School**

The Beehive, Harborough Rd, Kingsthorpe, NN2 8LR. 01604 830405. www.aqualightbabies.co.uk.

• **6-12 months:** 11:30 - 12:00. **Ages:** 6 mths - 1 yrs. **Cost:** £11 (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.**TINY TOTS TENNIS**

Come join the FUN learn about the game and develop fundamental skills aimed at 2½ - 5 years.

Tuesday: 10-10.45am**Friday:** 1:30-2.15pm (term time).

Limited spaces available.

To book, please contact:

Laura Mineards: 07766 557 122

Northampton County Lawn Tennis Club,

54b Church Way, Weston Favell, Northampton.

lauramineards@yahoo.co.uk

Danes Camp

Clannell Rd, Hunsbury, Northampton, NN4 0RX. 01604 837400.

• **Family Friendly Swim:** 9:00 - 10:15. **Ages:** 0 - 8 yrs. **Cost:** £5 per session (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.**Water Babies Bucks & Beds**

Charter House Clinic, The Avenue, Flore, Northampton, NN7 4LZ. 01295 709221. www.waterbabies.co.uk.

Times: 10:30 - 14:30. **Ages:** 0 - 5 yrs. **Cost:** £18.50 (book).**Dates:** 9 Jan - 20 Mar.**TUESDAY****PARENTS & TOTS****Duston Library**

Duston Library, Pendle Rd, Northampton, NN5 6DT. 03001267000. www3.northamptonshire.gov.uk.

• **Bounce and Rhyme:** 10:30 - 11:00. **Ages:** 0 - 1 yrs. **Cost:** Free (drop in). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.**Mini Springers**

The Life Centre, 9 Tower Street, Northampton, NN1 2SN. 01604 630457. facebook.com.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £1 per session (drop in).**Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.**Northampton High School**

Newport Pagnell Rd, Hardingstone, NN4 6UU. 01604 765765.

• **We Can: Dance & Grow:** 9:15-10:15. **Ages:** 2 ½ yrs - 5 yrs• **We Can: Prepare & Grow:** 13:00-14:00. **Ages:** 3 - 5 yrs. **Cost:** £6 per session (book). **Dates:** 10 Jan - 6 Feb & 20 Feb - 27 Mar.**St Giles Toddle In**

St Giles Church Centre, St Giles Terrace, Northampton, NN1 2BN. 01604 628623.

• **St Giles Toddle In Reset:** 10:00 - 11:00. **Ages:** 0 - 4 yrs.

Parent and Tots group with crafts, play and singing.

Cost: Free (drop in). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.**St Gregory's Toddler Group**

St Gregory's Catholic Church, Birchfield Rd East, Abington, Northampton, NN3 2HS. 01604 713015.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £0.50 per session (drop in).**Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.**Stepping Stones**

Kairos Centre, Grange Park, Wilks Walk, Northampton, NN4 5DW.

Times: 9:15 - 11:15. **Ages:** 0 - 3 yrs. **Cost:** £3 per session (book).**Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.**The Spring Charity**

Annex Community Centre, Spring Lane, Northampton, NN1 2JW. 07465231663. www.thespringcharity.org.

• **Stay and Play:** 9:00 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £1 per session (drop in). **Dates:** 10 Jan - 7 Feb, 21 Feb - 28 Mar



Contact Maria
eatsleepbakerepeat.co.uk
07985408289



face-to-face children's
cooking classes
and baking kits

Mon - Wed
10 am and 1.30m

CLASSES IN WEST
HUNSBURY

MUSIC & SIGNING

Boogie Beans

Wootton Community Centre, Curtlee Hill, Wootton, Northampton, NN4 6ED. 07766 731542. www.boogiebeans.com.

Times: 10:00 - 11:00. Ages: 0 - 5 yrs. Cost: £5 per session (book).

Dates: 10 Jan - 28 Mar.

Hunsbury Library

Overslade Close, Hunsbury, NN4 0RZ. 01604 702691.

• **Rhythmetime:** 10:30 - 11:00. Ages: 0 - 5 yrs. Cost: Free (book).

Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, Northampton, NN4 6DA. 07811 771480. www.musicbugs.co.uk.

• **Family Bugs:** 10:00 - 10:40. Ages: 0 - 5 yrs.

• **Baby Bugs:** 11:00 - 11:30. Ages: 0 - 10 mths.

Cost: £6.50 per session (book). Dates: 10 Jan - 7 Feb.

Weston Favell Library

Weston Favell Library, Weston Favell Centre, Northampton, NN3 8JZ. 0300 126 1000.

• **Little Ones Social singing group**

Times: 10:00 - 11:00. Ages: 0 - 2 yrs.

Times: 11:00 - 12:00. Ages: 0 - 2 yrs.

Dates: 10 Jan - 24 Jan & 21 Feb - 28 Mar. Cost: Free (drop in).

SENSORY & DEVELOPMENT

Baby Sensory Northampton

Baby Sensory Centre, Unit 2 - Green Lodge Barn, Nr Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

• **Baby Sensory (0 - 13mths):** 10:00 - 10:55.

• **Baby Sensory (0 - 6mths):** 11:30 - 12:25.

Baby development classes inc. signing, massage, music & play

Cost: £8.25 (book). Dates: 10 Jan - 7 Feb.

CREATIVE

Eat Sleep Bake Repeat

36 Summerfields, West Hunsbury, Northampton, NN4 9YN. 07985 408289. Eat-sleep-bake-repeat.newzenler.com.

• **Preschool cookery classes:** 10:00 - 10:45 & 11:45 - 12:30

Ages: 2 - 4 yrs. Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

• **After school cookery classes:** 16:30 - 17:15.

Ages: 4 - 11 yrs. Dates: 10 Jan - 7 Feb. Cost: £8 per session (book).

DANCE & DRAMA

Oncore Dance Academy

Footshape House, Kingsthorpe Rd, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333. www.oncoredanceacademy.co.uk.

• **Baby Ballet:** 10:00 - 10:45. Ages: 3 - 4 yrs. Cost: Free (book).

Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Free trial class. Quote 'Toddle About' when booking.

Dexterity Dance, Gymnastics & Musokan Dojo

Great Houghton Hall, High Street, Great Houghton, NN4 7AG. 01604 877577. dexteritydance.com.

• **Gymnastics & Circus:** 9:30 - 10:15. Ages: 1 - 5 yrs. £6 per class

• **Home Ed:** 10:30 - 11:15. Ages: 5 - 11 yrs. Cost: £6 (book).

• **Ballet:** 16:00 - 16:30 & 16:30 - 17:00. Ages: 3 - 5 yrs. Cost: £3.50

• **Street Dance:** 16:15 - 17:00. Ages: 6 - 12 yrs.

• **Contemporary Dance Fusion:** 17:00 - 17:45. Ages: 5 - 11 yrs.

Cost: £6 (book).

Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

PHYSICAL FUN

Duston Sports Centre

Cotswold Avenue, Duston, NN6 5EX. 01604 837400.

www.trilogyleisure.co.uk.

• **Rugby Cubz:** 13:00 - 13:30 & 13:45 - 14:15.

Ages: 1 ½ years - 5 yrs. Cost: £4.50 per session (book).

Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Lings Forum

Billing Brook Rd, Weston Favell, Northampton, NN3 8JR. 01604

837400. www.trilogyleisure.co.uk.

• **Rugby Cubz:** 11:15 - 11:45 & 11:45 - 12:15. Ages: 16 mths - 5

ys. Cost: £4.50 (book). Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Northampton County Lawn Tennis Club

54b Church Way, Weston Favell, Northampton, NN3 3BX.

07766557122.

• **Tiny Tots Tennis:** 10:00 - 10:45. Ages: 2 ½ yrs - 5 yrs. Cost: £5

(book). Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, NN3

8RQ. northampton_ga@icloud.com

• **Explore & Play @NGA:** 10:30 - 12:00 & 13:00 - 14:30. Ages: 0 -

5 yrs. Cost: £5 (book). Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

SWIMMING

Turtle Tots Northamptonshire, Milton Keynes & Bedford

The Bee Hive, Harborough Rd, Kingsthorpe, NN2 8LR. 01604

372747. www.turtletots.com.

Times: 9:00 - 12:30. Ages: 0 - 2 yrs. Cost: £13 per session (book).

Dates: 10 Jan - 28 Mar.

WEDNESDAY

PARENTS & TOTS

Brixworth Library

Spratton Rd, Brixworth, NN6 9DS. 0300 126 7000.

• **Rhythmetime:** 10:00 - 10:30 & 11:00 - 11:30. Ages: 0 - 5 yrs.

These sessions are aimed at confident walkers

Cost: Free (drop in). Dates: 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Chatterbox

Mount Pleasant Baptist Church, 147-155 Kettering Rd, NN1 4BS.

01604 516809. www.mountpleasantchurch.com.

Times: 9:30 - 11:15. Ages: 0 - 5 yrs. Cost: £1.50 (drop in). Dates: 4

Jan - 8 Feb & 22 Feb - 29 Mar.

Earls Barton Library

Broad Street, Earls Barton, NN6 0ND. 0300 126 1000.

• **Play and Learn for Under 5s:** 10:30 - 12:00. Ages: 0 - 5 yrs.

Cost: Free (book). Dates: 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Kislingbury & Upton Community Church

The Elgar Centre, High Street, Upton, NN5 4EN. 07936 436852.

• **Upton Tots and Babies:** 10:00 - 12:00. Ages: Pregnancy - 5 yrs.

Cost: £3 (drop in). Dates: 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Moulton Library

Moulton Community Centre, Reedings, Moulton, NN3 7AX.

• **Storytime:** 10:00 - 10:30. Ages: 0 - 5 yrs. Cost: Free (book).

Dates: 4 Jan - 8 Feb & 22 Feb - 29 Mar.



Dexterity

www.dexteritydance.com


DANCE & GYMNASTICS FOR PRE-SCHOOLERS

Classes for boys and girls aged 2-6 years in Northants



SET IN THE BEAUTIFUL GROUNDS OF AN 18TH CENTURY MANSION IN GREAT HOUGHTON. FREE ONSITE PARKING

- ▶ Gymnastics & Circus (2-5yrs): Tues, 9:30-10:15am
 - ▶ Rhythmic Gymnastics (3-6yrs): Thurs, 4:15-5:00pm
 - ▶ Start2Dance Ballet (3-5yrs): Sat, 9:00-9:30am
 - ▶ Start2Dance Jazz (3-5yrs): Sat, 9:30-10:00am
 - ▶ Tots Acrobatics (3-5yrs): Sat, 10:00-10:45am
- We have plenty of classes for older kids & adults too!*

Give us a try! Book a trial at dexteritydance.com

Arrange a visit or for more info: dexteritydance@gmail.com tel: 01604 877577

Northampton High School

Newport Pagnell Rd, Hardington, NN4 6UU. 01604 765765.

- **We Can: Play & Grow:** 9:15-10:15. **Ages:** 0 yrs - 5 yrs **Cost:** £6 per session (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Storehouse Church

Lodge Farm Community Centre, Crestwood Rd, Northampton, NN3 8JJ. 07853 765517. www.storehousechurch.co.uk

- **Tiny Tadpoles:** 9:30 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £2 (drop in). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Strong Start

Kingsthorpe Children's Centre, 31 St David's Rd, NN2 6NS. 07880 136070. www.westnorthants.gov.uk

- **Baby or under 5s event:** 10:00 - 11:00. **Ages:** 0 - 4 yrs. **Cost:** Free (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

CREATIVE

Eat Sleep Bake Repeat

36 Summerfields, West Hunsbury, Northampton, NN4 9YN. 07985 408289. Eat-sleep-bake-repeat.newzenler.com.

- **Preschool cookery classes:** 10:00 - 10:45 & 13:30 - 14:15. **Ages:** 2 - 4 yrs. **Cost:** £8 (book). **Dates:** 11 Jan - 8 Feb & 22 Feb - 29 Mar.

MUSIC & SIGNING

Music Bugs Northampton

Moulton Community Centre, Sandy Hill Lane, Reedings, Northampton, NN3 7AX. 07811 771480. www.musicbugs.co.uk

- **Family Bugs:** 10:00 - 10:40. **Ages:** 0 - 5 yrs. **Cost:** £6.50 (book).
- **Mini Bugs:** 11:00 - 11:30. **Ages:** 6 mths - 2 yrs. **Cost:** £5.50 (book)
- **Baby Bugs:** 12:00 - 12:30. **Ages:** 0 - 10 mths. **Dates:** 11 Jan - 8 Feb.

Weston Favell Library

Weston Favell Centre, Northampton, NN3 8JZ. 0300 126 1000.

- **Rhymetime:** 10:00 - 10:30. **Ages:** 1 yrs - 5 yrs. **Cost:** Free (drop in). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

Baby Sensory Centre, Unit 2 - Green Lodge Barn, Nr Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

- **Baby Sensory (0 - 13mths):** 10:00 - 10:55. **Cost:** £8.25 (book).
- **Baby Sensory (0 - 6mths):** 11:30 - 12:25. **Dates:** 4 Jan - 8 Feb.

Hartbeeps Northamptonshire

Parsons Hall, High Street, Irchester, NN29 7AB. 07775877093.

- **Happy House:** 9:30 - 10:15. **Ages:** 1 ½ yrs - 5 yrs. *Toddler classes suitable for walkers & their siblings*
- **Baby Beeps:** 10:30 - 11:15. **Ages:** 6 mths - 1 ½ yrs.

Baby classes suitable from sitting to toddling

- **Baby Bells:** 11:30 - 12:15. **Ages:** 0 - 6 mths.

Baby classes suitable from newborn to sitting

Cost: £6.50 (book). **Dates:** 11 Jan - 8 Feb & 22 Feb - 29 Mar.

Tots Play Northampton South

Camp Hill Community Centre, Dayrell Rd, Northampton, NN4 9RR. 07849746277. www.totsplay.co.uk.

- **Social Tots:** 10:00 - 10:40. *For active crawlers & walkers*

Ages: 8 mths - 2 ½ yrs.

- **Discovery Tots:** 12:00 - 12:40. *For babies from 8 weeks to actively crawling*

Ages: 2 - 8 mths. **Cost:** £7 per session (drop in).

- **Baby Development Course:** 13:00 - 13:50. *For babies from birth to 6 months* **Ages:** 0 - 6 mths. **Cost:** £10 per session (book).

Dates: 4 Jan - 10 Feb & 22 Feb - 31 Mar.

DANCE & DRAMA

Dexterity Dance, Gymnastics & Musokan Dojo

Great Houghton Hall, High Street, Great Houghton, Northampton, NN4 7AG. 01604 877577. dexteritydance.com.

- **Street Dance:** 16:15 - 17:00. **Ages:** 6 - 12 yrs. **Cost:** £6 per session (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Hartbeeps offers original **music & sensory play** classes for babies & children in Northampton, Rushden, Wymington & Kettering. Contact Amy on **07775 877093** or amy@hartbeeps.com



www.hartbeeps.com 

Krystle Jayne's Dance Academy

Grange Park Community Centre, School Lane Grange Park, Northampton, NN4 5FZ. Krystle: 07791 852891. www.krystlejayedanceacademy.co.uk

- **Baby Ballet:** 16:00 - 16:30. *Baby Ballet: 2 years+* **Ages:** 2 - 4 yrs.
- **Pre-Primary Ballet & Tap:** 16:30 - 17:15. **Ages:** 4 - 5 yrs.

Cost: £4 per session (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar

Oncore Dance Academy

Oncore Studios, Footshape House, Kingsthorpe Rd, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333. www.oncoredanceacademy.co.uk

- **Groovy Movers (Oncore):** 16:15 - 17:00. **Ages:** 3 - 5 yrs.
- **Junior Street Dance:** 17:00 - 17:45 & 17:45 - 18:30.

Ages: 4 - 5 yrs. **Cost:** Free (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

PHYSICAL FUN

Duston Sports Centre

Cotswold Avenue, Duston, NN6 5EX. 01604 837400.

- **Soft Zone:** 9:00 - 10:30. **Ages:** 0 - 5 yrs.

An unstructured play session for parent and child

Cost: £4.50 (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Lings Forum Leisure Centre

Billing Brook Rd, Weston Favell, NN3 8JR. 01604 837400.

- **Preschool Gymnastics:** 10:00 - 10:45 & 11:00 - 11:45.

Ages: 2 - 5 yrs.

- **Rugby Cubz:** 13:00 - 13:30 & 13:45 - 14:15. **Ages:** 16 mths - 5 yrs.

Cost: £4.50 (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, NN3 8RQ. northampton_ga@icloud.com

- **Explore & Play @NGA:** 10:00 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £5 (book). **Dates:** 11 Jan - 8 Feb & 22 Feb - 29 Mar.

Tumble Tots Northampton

Grange Park Community Centre, School Lane, Grange Park, Northampton, NN4 5FZ. 07814 884 948. www.tumbletots.com

- **Tumble Tots Structured Play for little ones**

Times: 9:35 - 10:05. **Ages:** 2 - 3 yrs.

Times: 10:25 - 10:55 & 11:15 - 11:45. **Ages:** 1 yrs - 2 ½ yrs.

Cost: £7.25 per session (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

SWIMMING

Danes Camp

Clannell Rd, Hunsbury, Northampton, NN4 0RX. 01604 837400.

- **Family Friendly Swim:** 9:00 - 10:30. **Ages:** 0 - 8 yrs. **Cost:** £5 per session (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Upper Mounts

The Mounts, Northampton, NN1 3DN. 01604 837400.

- **Family Friendly Swimming:** 14:00 - 15:00. **Ages:** 0 - 8 yrs.

Cost: £5 per session (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

THURSDAY

PARENTS & TOTS

Abbey Centre Baptist Church Baby & Toddler Group

Overlade Close, Hunsbury, NN4 0RZ. 01604 767568.

www.abbeycentre.org.uk. **Times:** 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £2 (drop in). **Dates:** 12 Jan - 26 Jan, 9 Feb, 23 Feb & 9 Mar - 23 Mar.



Fun Spanish for children 0-11 y

Venue classes & online

We bring languages to life through amazing adventures. Come and be a pirate for the day, visit the circus or explore a world of magical creatures.

Book a 3 week trial for £12 on our website

kidsingo.co.uk/area/spanish-classes-northampton-sw-tewkesbury/




Brixworth Library

Spratton Rd, Brixworth, NN6 9DS. 0300 126 7000.

- **Under Ones Fun:** 10:30 - 12:00. **Ages:** 0 - 1 yrs.

Fortnightly Health Visitor Clinic runs alongside this event.

Cost: Free (drop in). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Kislingbury & Upton Community Church

Mill Lane, Kislingbury, NN7 4BB. 07936 436852. www.kucc.co.uk

- **Kizzle Tots and Babies:** 10:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £3 per session (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Moulton Library

Moulton Community Centre, Reedings, Moulton, NN3 7AX.

- **Play and Learn for under 1s:** 9:30 - 11:30. **Ages:** 0 - 1 yrs.

Cost: Free (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

St Matthew's Minis

St Matthew's Church Hall, 27A The Drive, Kingsley, Northampton, NN1 4RY. 01604 791251. www.stmatthews-northampton.org.uk

Times: 9:45 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £1.50 per session (drop in). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Strong Start

Blackthorn Children's Centre, Longmead Court, Northampton, NN3 8QD. 07880 136070. www.westnorthants.gov.uk

- **Baby or under 5s event:** 10:00 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Sunbeams

Duston United Reformed Church, Main Rd, Duston, NN5 6JF. 07751522303.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £1 per session (drop in). **Dates:** 5 Jan, 19 Jan, 2 Feb, 16 Feb, 2 Mar, 16 Mar & 30 Mar.

The Spring Charity

Annex Community Centre, Spring Lane, Northampton, NN1 2JW. 07465231663. www.thespringcharity.org

- **Stay and Play:** 9:00 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £1 per session (drop in). **Dates:** 5 Jan - 9 Feb, 23 Feb - 30 Mar & 5 Jan - 30 Mar.



* Most babies learn best when they see, hear, feel, touch, taste and smell.

Baby Sensory
Previous Early Learning for Babies



Our multi-award winning classes will introduce your baby (or babies) to a world of sensory delights, where you can relax, spend quality time with each other and enjoy meeting other new parents.

For **Daventry & Rugby** classes:
Call: Lauren on **07368 987865**
Email: rugby@babysensory.co.uk
Classes: Monday, Welton Village Hall, Daventry, NN11 2JP
 Tuesday, Lilbourne Village Hall, Rugby, CV23 0SX

For **Northampton** classes:
Call: Sarah on 07512 469881
Email: northampton@babysensory.co.uk
Classes: Daily, Monday to Friday
 at The Baby Sensory Centre, Nobottle, NN7 4HD
www.babysensory.com

We've done the research; so you can enjoy the fun...

STREET ballet
modern
ACROBATIC ARTS
MUSICAL THEATRE
TAP

oncore
Dance Academy

ALL ENGLAND DANCE FINALISTS
AED

CLASSES FROM 18 MONTHS OLD

TEAM ENGLAND FOR
DANCE WORLD CUP
UK Teams

WORKING WITH:
ACROBATIC ARTS | Royal Society of Teachers of Dancing

CONTACT US
07971 824 759 | 07894 667 333 email: oncore@hotmail.co.uk
www.oncoredanceacademy.co.uk
 oncore dance academy | oncore_dance_academy



Toddlers Group

Park Avenue Methodist Church, Park Avenue North, Northampton, NN3 2HT. 01604 633436. www.parkavenue.org.uk

Times: 13:15 - 15:00. **Ages:** 0 - 4 yrs. **Cost:** £1 per session (drop in).
Dates: 5 Jan - 9 Feb & 23 Feb - 30 Mar.

MUSIC & SIGNING

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, Northampton, NN4 6DA. 07811 771480. www.musicbugs.co.uk

• **Family Bugs:** 10:00 - 10:40 & 11:00 - 11:40. **Ages:** 0 - 5 yrs.
Cost: £6.50 per session (book). **Dates:** 12 Jan - 9 Feb.

Northampton Central Library

Abington Street, Northampton, NN1 2BA.

• **Bounce and Rhyme:** 10:30 - 11:00. **Ages:** 0 - 1 yrs. **Cost:** Free (drop in). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Weston Favell Library

Weston Favell Centre, Northampton, NN3 8JZ. 0300 126 1000.

• **Baby Bounce Under 1s:** 10:00 - 10:30.
Cost: Free (drop in). **Dates:** 5 Jan - 26 Jan, 5 Jan - 9 Feb & 23 Feb - 30 Mar.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

Baby Sensory Centre, Unit 2 - Green Lodge Barn, Nr Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com.

• **Baby Sensory (0 - 13mths):** 10:00 - 10:55. **Ages:** 0 - 13 mths
 • **Baby Sensory (0 - 6mths):** 11:30 - 12:25. **Ages:** 0 - 6 mths.
Cost: £8.25 per session (book). **Dates:** 5 Jan - 9 Feb.

Hartbeeps Northamptonshire

Duston Community Centre, Pendle Rd, Duston, Northampton, NN5 6DT. 07775877093. www.hartbeeps.com.

• **Happy House:** 10:00 - 10:45. *Toddler classes suitable for walkers & their siblings* **Ages:** 1 ½ years - 5 yrs.

- **Baby Beeps:** 11:00 - 11:45. *Baby classes suitable from sitting to toddling* **Ages:** 6 mths - 1 ½ years.
- **Baby Bells:** 12:00 - 12:45. *Baby classes suitable from newborn to sitting* **Ages:** 0 - 6 mths. **Cost:** £6.50 (book). **Dates:** 12 Jan - 30 Mar.

Tots Play Northampton South

Camp Hill Community Centre, Dayrell Rd, Northampton, NN4 9RR. 07849746277. www.totsplay.co.uk

- **Social Tots:** 11:00 - 11:40. **Ages:** 8 mths - 2 ½ yrs.

For active crawlers & walkers

- **Discovery Tots:** 12:00 - 12:40. **Ages:** 2 - 8 mths.

For babies from 8 weeks to actively crawling

Cost: £7 per session (drop in).

- **Baby Development Course:** 13:00 - 13:50. **Ages:** 0 - 6 mths.

For babies from birth to 6 months **Cost:** £10 per session (book).

Dates: 4 Jan - 10 Feb & 22 Feb - 31 Mar.

DANCE & DRAMA

Dexterity Dance, Gymnastics & Musokan Dojo

Great Houghton Hall, High Street, Great Houghton, Northampton, NN4 7AG. 01604 877577. dexteritydance.com.

- **Rhythmic Gymnastics:** 16:15 - 17:00. **Ages:** 3 - 12 yrs.

Cost: £6 per session (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Moulton Community Centre, Sandy Hill, Reedings, Moulton, Northampton, NN37AX. 01327 705915. www.littlekickers.co.uk.

- **Little Kickers Pre-school football classes from 18months**

Times: 10:45 - 11:30. **Ages:** 2 ½ yrs - 3 ½ yrs.

Times: 11:10 - 11:55. **Ages:** 3 ½ yrs - 5 yrs.

Times: 11:40 - 12:25. **Ages:** 3 ½ yrs - 5 yrs.

Times: 9:55 - 10:35. **Ages:** 1 ½ years - 2 ½ yrs.

Cost: £7.49 per session (book). **Dates:** 5 Jan - 30 Mar.

NORTHAMPTON MILTON KEYNES BEDFORD




Fun, FRIENDLY, CHILD LED
SWIMMING CLASSES
3M-4 YEARS



BOOK NOW!

WWW.TURTLETOTS.COM/NORTHAMPTONSHIRE
NORTHAMPTONSHIRE@TURTLETOTS.COM

Danes Camp

Clannell Rd, Hunsbury, Northampton, NN4 0RX. 01604 837400.

- **Soccer Cubz Football Classes:** 13:00 - 13:30 & 13:45 - 14:15.

Ages: 1 ½ years - 5 yrs. **Cost:** £4.50 (book).

Dates: 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, NN3 8RQ. northampton_ga@icloud.com

- **Explore & Play @NGA:** 10:00 - 11:30 **Ages:** 0 - 5 yrs. **Cost:** £5 (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Tumble Tots Northampton

Grange Park Community Centre, School Lane, Grange Park, Northampton, NN4 5FZ. 07814 884 948. www.tumbletots.com.

- **Tumble Tots Structured Play for little ones**

Times: 9:35 - 10:05. **Ages:** 2 - 3 yrs.

Times: 10:25 - 10:55. **Ages:** 1 yrs - 2 ½ yrs.

Times: 11:15 - 11:45. **Ages:** 6 mths - 1 yrs 9 mths.

Times: 12:05 - 12:35. **Ages:** 3 - 5 yrs.

Cost: £7.25 (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

SWIMMING

Danes Camp

Clannell Rd, Hunsbury, Northampton, NN4 0RX. 01604 837400. www.trilogyleisure.co.uk.

- **Family Friendly Swim:** 9:00 - 10:15.

Ages: 0 - 8 yrs. **Cost:** £5 per session (book).

Aqualight Swim School

The Beehive, Harborough Rd, Kingsthorpe, Northampton, NN2 8LR. 01604 830405. www.aqualightbabies.co.uk.

- **Aqualight Swimming 8-12 months:** 9:30 - 10:00 & 11:30 - 12:00.
- **Baby Swimming 0-4 months:** 10:30 - 11:00 & 12:00 - 12:30.
- **Aqualight Swimming 6-12 months:** 12:30 - 13:00.

Cost: £11 per session (book).

Dates: 5 Jan - 9 Feb & 23 Feb - 30 Mar.






Football fun
for 18 months-7 year olds
www.LittleKickers.co.uk

Learning the **FUNDamentals** of Football

To get the ball rolling...BOOK NOW!
Via our website: www.LittleKickers.co.uk
Call Coach Lynne & Antony: 01327 705915

LittleKickers Northampton, Daventry & Rugby

Headlands Primary School, Bushland Rd, Northampton, NN3 2NS. 01604 830405. www.aqualightbabies.co.uk.

- **Baby Swimming 0-6 months:** 13:00 - 13:30.
- **Aqualight Swimming 6-12 months:** 14:30 - 15:00.

Cost: £11 per session (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

FRIDAY

PARENTS & TOTS

Brixworth Library

Spratton Rd, Brixworth, NN6 9DS. 0300 126 7000.

- **Pre-school Play:** 10:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Earls Barton Library

Broad Street, Earls Barton, NN6 0ND. 0300 126 1000. www3.northamptonshire.gov.uk.

- **Rhythmetime:** 14:30 - 15:00. **Ages:** 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Moulton Library

Moulton Community Centre, Reedings, Moulton, NN3 7AX.

Rhythmetime: 14:00 - 14:30. **Ages:** 0 - 5 yrs. **Cost:** Free (book).

Dates: 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Northampton High School

Newport Pagnell Rd, Hardingstone, Northampton, NN4 6UU. 01604 765765. www.northamptonhigh.co.uk.

- **Dance and Grow!** 9:15 - 10:15. **Ages:** 2 ½ yrs - 5 yrs.

Cost: £6 (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

St Giles Toddle In

St Giles Church Centre, St Giles Terrace, NN1 2BN. 01604 628623.

- **St Giles Toddle In Reset:** 10:00 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free (drop in). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Fun, friendly and interactive music classes for children aged newborn to 5 years

Book your class today. Call Lesley on: 07811 771 480 or visit our website

Come and play with our puppets, scarves, bubbles, pom poms, parachutes and percussion instruments plus lots, lots more!

Hardingstone, Moulton & Pineham, Northampton

Birthday parties also available lesley@musicbugs.co.uk

music bugs

www.musicbugs.co.uk

MAKE YOUR CHILD'S SPRING MORE FUN!

TRY RUGBYTOTS
Exciting classes, energetic coaches and LOADS of fun.

Call or email for details: 0345 313 0286

vince@rugbytots.co.uk

www.rugbytots.co.uk

The world's favourite rugby play programme

MUSIC & SIGNING

Hunsbury Library

Overslade Close, Hunsbury, NN4 0RZ. 01604 702691.
www.northamptonshire.gov.uk

- **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** Free (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Music Bugs Northampton

Pineham Barns Primary School, Dragonfly Way, Pineham, Northampton, NN4 9FF. 07811 771480. www.musicbugs.co.uk

- **Family Bugs:** 10:00 - 10:40. **Ages:** 0 - 5 yrs.
 - **Baby Bugs:** 11:00 - 11:40. **Ages:** 0 - 1 yrs.
- Cost:** £6.50 per session (book). **Dates:** 13 Jan - 10 Feb.

Northampton Central Library

Abington Street, Northampton, NN1 2BA.

- **Rhymetime:** 10:30 - 11:00. **Ages:** 1 - 5 yrs. **Cost:** Free (drop in). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

SENSORY & DEVELOPMENT

Baby Sensory Northampton

Baby Sensory Centre, Unit 2 - Green Lodge Barn, Nr Nobottle, Northampton, NN7 4HD. 07512 469881. www.babysensory.com

- **Baby Sensory (0 - 13mths):** 10:00 - 10:55.
- **Baby Sensory (0 - 6mths):** 11:30 - 12:25.

Cost: £8.25 per session (book). **Dates:** 6 Jan - 10 Feb.

Hartbeeps Northamptonshire

Barton Seagrave Village Hall, Bertone Rd, Barton Seagrave, NN15 6WF. 07775877093. www.hartbeeps.com




- **Baby Bells:** 12:00 - 12:45 & 13:00 - 13:45. *Baby classes suitable from newborn to sitting* **Ages:** 0 - 6 mths. **Cost:** £6.50 (book).
- **Happy House:** 10:00 - 10:45 & 14:00 - 14:45 *Toddler classes for walkers* **Times:** **Ages:** 1 ½ years - 5 yrs. **Cost:** £6.50 (book).
- **Baby Beeps:** 11:00 - 11:45. *Baby classes suitable from sitting to toddling* **Ages:** 6 mths - 1 ½ years. **Cost:** £6.50 (book). **Dates:** 13 Jan - 24 Mar.

TUMBLE TOTS
Skills for Life

The springboard to confidence for your child

The UK's Leading National Active Physical Play Programme for Children from 6 Months to School Age

For more information or to book a class, please contact:
Chantal Walton Tumble Tots Northampton
07814 884 948 • chantal.walton@tumbletots.com
www.tumbletots.com/northampton

My Baby Spa

Hardingstone Village Hall, High Street, Hardingstone, Northampton, NN4 6DA. www.mybabyspa.co.uk

- **My Toddler Spa:** 11:00 - 12:00 & 12:30 - 13:30. *A hands on sensory spa for active toddlers* **Ages:** 1 - 4 yrs.
 - **My Baby Spa:** 11:00 - 12:00 & 12:30 - 13:30. **Ages:** 0 - 1 yrs. *An award winning sensory spa for 0-4 year olds*
- Cost:** £30 per session (book). **Dates:** 6 Jan - 24 Mar.

Tots Play Northampton South

Camp Hill Community Centre, Dayrell Rd, Northampton, NN4 9RR. 07849746277. www.totsplay.co.uk

- **Social Tots:** 10:00 - 10:40. **Ages:** 8 mths - 2 ½ yrs. *For active crawlers & walkers*
 - **Discovery Tots:** 11:40 - 12:20. **Ages:** 2 - 8 mths. *For babies from 8 weeks to actively crawling*
- Cost:** £7 per session (drop in).
- **Baby Development Course:** 12:40 - 13:30. **Ages:** 0 - 6 mths. *For babies from birth to 6 months* **Cost:** £10 per session (book). **Dates:** 4 Jan - 10 Feb & 22 Feb - 31 Mar.

DANCE & DRAMA

Dexterity Dance, Gymnastics & Musokan Dojo

Great Houghton Hall, High Street, Great Houghton, Northampton, NN4 7AG. 01604 877577. dexteritydance.com

- **Ballet:** 16:15 - 17:00. **Ages:** 3 - 5 yrs. **Cost:** £6 per session (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Krystle Jayne's Dance Academy

Soo Yoga, Sol Central, Mare Fair, Northampton, NN1 1SR. Krystle: 07791 852891. www.krystlejayedanceacademy.co.uk

- **Baby Ballet:** 16:00 - 16:30. **Ages:** 2 yrs - 3 yrs 11 mths. **Cost:** £4 per session (book).
 - **Pre-Primary Ballet & Tap:** 16:30 - 17:15. **Ages:** 4 yrs - 5 yrs 11 mths.
- Cost:** Free (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Moulton Community Centre, Sandy Hill, Reedings, Moulton, Northampton, NN37AX. 01327 705915. www.littlekickers.co.uk.

• **Little Kickers Pre-school football classes from 18months**

Times: 10:45 - 11:30. **Ages:** 2 ½yrs - 3 ½yrs.

Times: 11:10 - 11:55. **Ages:** 3 ½yrs - 5 yrs.

Times: 11:40 - 12:25. **Ages:** 3 ½yrs - 5 yrs.

Times: 9:55 - 10:35. **Ages:** 1 ½years - 2 ½yrs.

Cost: £7.49 per session (book). **Dates:** 6 Jan - 24 Mar.

Northampton County Lawn Tennis Club

54b Church Way, Weston Favell, NN3 3BX. 07766557122.

• **Tiny Tots Tennis: 13:30 - 14:15. Ages:** 2 ½yrs - 5 yrs.

Cost: £5 (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, NN3 8RQ. northampton_ga@icloud.com

• **Explore & Play @NGA: 11:00-11:30 Ages:** 0 - 5 yrs. **Cost:** £5 (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Duston Sports Centre

Cotswold Avenue, Duston, NN6 5EX. 01604 837400.

• **Preschool Gymnastic: 9:30 - 10:15 & 10:30 - 11:15. Ages:** 2 - 5 yrs.

• **Soccer Cubz: 13:00 - 13:30 & 13:45 - 14:15. Ages:** 1 ½years - 5 yrs.

Cost: £4.50 (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Tumble Tots Northampton

Duston Community Centre, Pendle Rd, Duston, Northampton, NN5 6DT. 07814 884 948. www.tumbletots.com.

• **Tumble Tots Structured Play for little ones**

Times: 9:35 - 10:05. **Ages:** 6 mths - 4 yrs 11 mths.

Times: 10:25 - 10:55. **Ages:** 1 yrs - 2 yrs 5 mths.

Times: 11:15 - 11:45. **Ages:** 6 mths - 1 yrs 9 mths.

Cost: £7.25 (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

SWIMMING

Turtle Tots Northamptonshire, Milton Keynes & Bedford

The Bee Hive, Harborough Rd, Kingsthorpe, NN2 8LR. 01604 372747. www.turtletots.com.

Times: 9:00 - 12:30. **Ages:** 0 - 2 yrs. **Cost:** £13 per session (book).

Dates: 6 Jan - 24 Mar.

Upper Mounts

The Mounts, Northampton, NN1 3DN. 01604 837400. www.trilogyleisure.co.uk.

• **Family Friendly Swimming: 10:00 - 11:00. Ages:** 0 - 8 yrs.

Starts your tots journey in the water

Cost: £5 (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

SATURDAY

DANCE & DRAMA

Dexterity Dance, Gymnastics & Musokan Dojo

Great Houghton Hall, High Street, Great Houghton, Northampton, NN4 7AG. 01604 877577. dexteritydance.com.

• **Rhythmic Gymnastics: 14:30 - 15:30. Ages:** 3 - 12 yrs.

Cost: £6 (book).

• **Jazz Under 10's: 9:30 - 10:00 & 10:00 - 10:45. Ages:** 5 - 10 yrs.

Cost: £3.50 (book).

• **Acrobatics: 10:00 - 10:45 & 13:00 - 14:00. Ages:** 2 - 4 yrs.

Cost: £6.50 (book).

• **Ballet: 9:00 - 9:30 & 11:00 - 11:45. Ages:** 3 - 5 yrs. **Cost:** £3.50 (book).

• **Street Dance: 11:45 - 12:30. Ages:** 6 - 12 yrs. **Cost:** £6 (book).

• **Contemporary Dance Fusion: 13:00 - 14:30.**

Ages: 5 - 11 yrs. **Cost:** £12 per session (book).

Dates: 7 Jan - 11 Feb & 25 Feb - 25 Mar.

Oncore Dance Academy

Oncore Studios, Footshape House, Kingsthorpe Rd, Northampton, NN2 6HT. 07971 824 759 or 07894 667 333. www.oncoredanceacademy.co.uk.

• **Tip Tap Toe Beginners Tap: 10:30 - 11:15. Ages:** 4 - 5 yrs.

• **Baby Ballet: 9:00 - 9:45. Ages:** 3 - 4 yrs.

• **Pre-Primary 1 Ballet: 9:45 - 10:30. Ages:** 4 - 5 yrs.

Cost: Free trial class (quote toddleabout). **Dates:** 7 Jan - 25 Mar.

PHYSICAL FUN

Rugbytots Banbury, Towcester & Northampton

Caroline Chisholm School, Wooldale Rd, Northampton, NN4 6TP. 0345 313 0286. www.rugbytots.co.uk.

Times: 8:30 - 9:00. **Ages:** 2 yrs - 3 ½yrs.

Times: 10:45 - 11:30. **Ages:** 5 - 7 yrs.

Times: 9:05 - 9:50 & 9:55 - 10:40. **Ages:** 3 ½yrs - 5 yrs.

Cost: £7.50 (book). **Dates:** 7 Jan - 11 Feb & 25 Feb - 25 Mar.

SWIMMING

Aqualight Swim School

The Beehive, Harborough Rd, Kingsthorpe, Northampton, NN2 8LR. 01604 830405. www.aqualightbabies.co.uk.

• **Aqualight Swimming 8-12 months: 8:30 - 9:00 & 10:30 - 11:00.**

Ages: 8 mths - 1 yrs.

• **Baby Swimming 0-4 months: 9:30 - 10:00 & 11:00 - 11:30.**

Ages: 0 - 4 mths.

• **Aqualight Swimming 6-12 months: 12:00 - 12:30.**

Ages: 6 mths - 1 yrs.

Cost: £11 per session (book).

Dates: 7 Jan - 11 Feb & 25 Feb - 25 Mar.

Upper Mounts

The Mounts, Northampton, NN1 3DN. 01604 837400.

www.trilogyleisure.co.uk.

• **Family Friendly Swimming: 14:30 - 15:30 & 16:00 - 17:00.**

Starts your tots journey in the water

Ages: 0 - 8 yrs. **Cost:** £5 per session (book). **Dates:** 7 Jan - 11 Feb & 25 Feb - 25 Mar.

PREGNANCY

Nova Serene Birthing - Hypnobirthing & Relaxation

Parklands Community Centre, Devon Way, Northampton, NN3 6DX. 07572 891 476. www.novaserenebirthing.co.uk.

• **Community Support Relaxation Session: 13:00 - 14:00.**

Community Support Relaxation Session for mums-to-be.

Ages: Pregnancy. **Cost:** £3 per session (book). **Dates:** 21 Jan.

SUNDAY

SENSORY & DEVELOPMENT

Kidslingo Spanish Northants, Towcester & Olney

Caroline Chisholm School, Wooldale Rd, Northampton, NN4 6TP. 07772536338. www.kidslingo.co.uk.

• **Kidslingo Fun Spanish Class**

Times: 9:00 - 9:30. **Ages:** 1 ½years - 4 yrs 11 mths. **Cost:** £4 (book).

Times: 9:40 - 10:10. **Ages:** 4 - 7 yrs.

• **Kidslingo Full immersion fun Spanish class: 10:20 - 10:50.**

Ages: 4 - 7 yrs.

• **Kidslingo Fun Spanish Class: 11:05 - 11:45.**

Ages: 7 - 11 yrs.

Cost: £5 per session (book).

Dates: 8 Jan - 12 Feb & 26 Feb - 26 Mar.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Duston School, Berrywood Rd, Duston, Northampton, NN5 6XA. 01327 705915. www.littlekickers.co.uk.

- **Little Kickers Pre-school football classes**

Times: 8:30 - 9:15. **Ages:** 2 ½ yrs - 3 ½ yrs.

Times: 10:20 - 11:05 & 11:15 - 12:00. **Ages:** 2 ½ yrs - 3 ½ yrs.

Times: 8:30 - 9:15, 9:25 - 10:10 & 11:15 - 12:00. **Ages:** 3 ½ yrs - 5 yrs.

Times: 9:25 - 10:10 & 10:20 - 11:05. **Ages:** 5 - 7 yrs.

Times: 11:15 - 12:00. & 12:10 - 12:55 **Ages:** 5 - 7 yrs.

Times: 8:30 - 9:10, 9:30 - 10:10 & 10:20 - 11:00. **Ages:** 1 ½ years - 2 ½ yrs.

Cost: £7.49 per session (*book*).

SWIMMING

Danes Camp

Clannell Rd, Hunsbury, Northampton, NN4 0RX. 01604 837400. www.trilogyleisure.co.uk.

- **Family Friendly Swim:** 8:00 - 10:00.

Ages: 0 - 8 yrs. **Cost:** £5 per session (*book*). **Dates:** 8 Jan - 12 Feb & 26 Feb - 26 Mar.

Upper Mounts

The Mounts, Northampton, NN1 3DN. 01604 837400.

www.trilogyleisure.co.uk.

- **Family Friendly Swimming:** 10:30 - 11:30, 12:00 - 13:00, 13:30 - 14:30 & 15:00 - 16:00. **Ages:** 0 - 8 yrs.

Starts your tots journey in the water

Cost: £5 per session (*book*). **Dates:** 8 Jan - 12 Feb & 26 Feb - 26 Mar.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

The Bee Hive, Harborough Rd, Kingsthorpe, NN2 8LR.

01604 372747. www.turtletots.com.

Times: 9:00 - 4:30. **Ages:** 0 - 2 yrs. **Cost:** £13 per session (*book*).

Dates: 15 Jan - 26 Mar.

OTHER

The Baby Fayre

The Baby Fayre Northampton, Benham Sports Centre, Kings Park Rd, Northampton, NN3 6LL. 07403 257815. www.thebabyfayre.co.uk.

- **The Baby Fayre - Northampton:** 10:00 - 14:00.

Cost: Free (*book*). **Dates:** 19 Feb.

SOUTH NORTHANTS AREA

MONDAY

PARENTS & TOTS

Strong Start

Towcester Children's Centre, Towcester Community Centre, Islington Rd, Towcester, NN12 6AU. 07880 136070. www.westnorthants.gov.uk.

- **Strong Start baby or under 5s event:** 10:00 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (*book*). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

MUSIC & SIGNING

Towcester Library

Towcester Library, The Forum, Moat Lane, Towcester, NN12 6AD.

- **Bounce & Rhyme:** 11:00 - 11:30. **Ages:** 0 - 1 yrs. **Cost:** Free (*drop in*). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

SWIMMING

Brackley Leisure Centre

Brackley Pool, Manor Rd, Brackley, NN13 6EE. 01280 701787. www.leisurecentre.com.

- **Parent and Child Swim:** 9:30 - 14:50. **Ages:** 0 - 5 yrs. **Cost:** £3.90 per session (*book*). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

Towcester Centre for Leisure

Springfields, Towcester, NN12 6UW. 01327 322480. www.leisurecentre.com.

- **Swimming Lessons:** 9:00 - 11:00 & 16:00 - 18:30.

30-minute swimming lessons for children. **Ages:** 3 - 5 yrs. **Cost:** £8

- **Parent and Toddler Swimming:** 13:00 - 15:30. **Ages:** 0 - 4 yrs.

Cost: £4 (*drop in*). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

TUESDAY

PARENTS & TOTS

Litchborough Play Time Group

Litchborough Village Hall, Northampton Rd, Litchborough, NN12 8JA. 01327 830364.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £2 per session (*drop in*).

Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Little Fishes Playtime

Baptist Church, Waynflete Close, Brackley, NN13 6AE.

www.brackleybaptist.org.uk.

Times: 9:15 - 11:00. **Ages:** 0 - 4 yrs. **Cost:** £2 per session (*drop in*).

Dates: 10 Jan - 28 Mar.

MUSIC & SIGNING

Brackley Library

Brackley Library, Manor Rd, Brackley, NN13 6AJ. 01280 703455.

www3.northamptonshire.gov.uk.

- **Rhymetime:** 10:00 - 10:30 & 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

DANCE & DRAMA

Krystle Jayne's Dance Academy

St. Marys Church Hall, Butlins Lane, Roade, NN7 2PU. Krystle: 07791 852891. www.krystlejayedanceacademy.co.uk.

- **Baby Ballet:** 15:45 - 16:15. **Ages:** 2 yrs - 4 yrs. **Cost:** £4 (*book*).

- **Pre-Primary Ballet & Tap:** 16:15 - 17:00. **Ages:** 4 yrs - 7 yrs

Cost: £5 (*book*). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

PHYSICAL FUN

Brackley Leisure Centre

Manor Rd, Brackley, NN13 6EE. 01280 701787. www.leisurecentre.com.

• **Gym Tots: 13:45 - 14:45. Ages:** 2 - 4 yrs.

Gym sessions for parents with young children.

Cost: £5 per session (book). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

MamaBabyBliss South Northamptonshire

Rde House Yoga Studio, 16 High Street, Rde, Northampton, NN7 2NW. 07779 646649. www.mamababybliss.com.

• **Baby Yoga (Foundation) 5 Week Course: 11:30 - 12:30.**

Baby Yoga (Foundation)

• **Baby Massage 5 Week Course: 13:30 - 14:30.**

Baby Massage

Cost: £55 per session (book).

Dates: 10 Jan - 7 Feb & 21 Feb - 21 Mar.

Tumble Tots Northampton

Road Village Hall, Bailey Brooks lane, Road, NN7 2LS. 07814 884 948. www.tumbletots.com.

• **Tumble Tots**

Structured Play for little ones

Times: 9:35 - 10:05. **Ages:** 2 - 5 yrs.

Times: 10:25 - 10:55. **Ages:** 1 yrs - 2 ½ yrs.

Cost: £7.25 per session (book).

Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

SWIMMING

Brackley Leisure Centre

Brackley Pool, Manor Rd, Brackley, NN13 6EE. 01280 701787. www.leisurecentre.com.

• **Parent and Child Swim: 12:00 - 15:45.**

Ages: 0 - 5 yrs. **Cost:** £3.90 per session (book). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Brackley Leisure Centre, Springfield Way, Candleford Cl, Brackley, NN13 6JJ. 01280 701787. www.leisurecentre.com.

Towcester Centre for Leisure

Towcester Leisure Centre, Springfield, Towcester, NN12 6UW. 01327 322480. www.leisurecentre.com.

• **Swimming Lessons: 16:00 - 18:30.**

30-minute swimming lessons for children.

Ages: 3 - 5 yrs. **Cost:** £8 per session (book). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

• **Parent and Toddler Swimming: 13:00 - 15:30.**

Ages: 0 - 4 yrs. **Cost:** £4 per session (drop in). **Dates:** 10 Jan - 7 Feb, 21 Feb - 28 Mar, 10 Jan - 7 Feb & 21 Feb - 28 Mar.

WEDNESDAY

PARENTS & TOTS

Tots @ TVC

Tove Valley Centre, Northampton Rd, Towcester, NN12 7AH. Jane: 07713034845.

Times: 9:30 - 11:00. **Ages:** 0 - 4 yrs. **Cost:** £2 per session (drop in).

Dates: 4 Jan - 11 Jan & 25 Jan - 29 Mar.

MUSIC & SIGNING

Roade Library

High Street, Rde, Northampton, NN7 2NW. 0300 1261000. www.northamptonshire.gov.uk.

• **Rhymetime: 11:00 - 11:30.**

Ages: 0 - 5 yrs. **Cost:** Free (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Sing and Sign Banbury, Bicester, Brackley & Buckingham

Evenley - Evenley Village Hall, The Green, Evenley, NN1355Q. 07771550335. www.singandsign.co.uk.

• **Stage 2: 9:45 - 10:30.**

An engaging music class for toddlers 14 months+

Ages: 1 yrs 2 mths - 2 ½ yrs.

• **Stage 1: 10:45 - 11:30.**

An engaging music class for babies 6-14 months

Ages: 6 mths - 1 yrs 2 mths.

• **Babes: 11:45 - 12:30.**

A gentle music and sensory class for babies from birth

Ages: 0 - 6 mths.

Cost: £8 per session (book).

Dates: 11 Jan - 8 Feb & 22 Feb - 22 Mar.

PHYSICAL FUN

Brackley Leisure Centre

Springfield Way, Candleford Cl, Brackley, NN13 6JJ. 01280 701787. www.leisurecentre.com.

• **Gym Tots: 9:30 - 10:30 & 13:45 - 14:45.**

Gym sessions for parents with young children.

Ages: 2 - 4 yrs. **Cost:** £5 per session (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

MamaBabyBliss South Northamptonshire

Road House Yoga Studio, 16 High Street, Road, Northampton, NN7 2NW. 07779 646649. www.mamababybliss.com.

• **Pregnancy Yoga (Stretch and Relax) Wednesdays: 18:00 - 19:00.**

Pregnancy Yoga (Stretch and Relax)

Ages: Pregnancy. **Cost:** £12 per session (book). **Dates:** 4 Jan - 29 Mar.

• **Baby Yoga (Advanced) 5 Week Course: 11:30 - 12:30.**

Baby Yoga (Advanced)

Cost: £55 per session (book). **Dates:** 11 Jan - 8 Feb & 22 Feb - 22 Mar.

• **Starting Solids Workshop: 11:30 - 13:30.**

Starting Solids Workshop

Cost: £26 per session (book). **Dates:** 15 Feb & 29 Mar.

Towcester Centre for Leisure

Towcester Leisure Centre, Springfield, Towcester, NN12 6UW. 01327 322480. www.leisurecentre.com.

• **Soft Play: 9:00 - 11:00.**

Drop in soft play sessions for parents and their little ones

Ages: 0 - 5 yrs. **Cost:** £3.50 per session (drop in).

• **Gymtots: 12:30 - 13:15 & 13:15 - 14:00.**

Gymnastics classes

Ages: 1 ½ years - 4 yrs. **Cost:** £5 per session (book).

SEND ACTIVITIES

SENsational Educational Kitchen (SEN-ED Kitchen)

SEN-ED Kitchen, 9 Orion Drive, Brackley, NN13 6GE. 07857 635053. senedkitchen.co.uk.

• **SENsory Kitchen Session: 9:00 - 10:00.**

Sensory Focused Activities for kids (SEN- Friendly)

Ages: 1 ½ years - 12 yrs. **Cost:** £8.50 per session (book).

Dates: 11 Jan - 29 Mar.

SWIMMING

Brackley Leisure Centre

Brackley Pool, Manor Rd, Brackley, NN13 6EE. 01280 701787. www.leisurecentre.com.

• **Parent and Child Swim: 12:00 - 15:30.**

Ages: 0 - 5 yrs. **Cost:** £3.90 per session (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

Towcester Centre for Leisure

Towcester Leisure Centre, Springfields, Towcester, NN12 6UW.
01327 322480. www.leisurecentre.com.

- **Swimming Lessons:** 10:00 - 12:00 & 16:00 - 18:30.

30-minute swimming lessons for children.

Ages: 3 - 5 yrs. **Cost:** £8 per session (book).

Dates: 4 Jan - 8 Feb & 22 Feb - 29 Mar.

THURSDAY

PARENTS & TOTS

Denton Village Tots

Denton Village Hall, Vicarage Lane, Denton, NN7 1DT.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £2.50 per session (drop in).

Dates: 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Tove Benefice, St Bartholomew's Church

Church View, Greens Norton, NN12 8DL. 01327 350459. www.tovebenefice.org.uk.

- **Tots Own Tea and Toast:** 9:00 - 10:30.

Our parent and child group for under 5's

Ages: Pregnancy - 5 yrs. **Cost:** Free (drop in). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

St Lawrence Church

Moat Lane, Towcester, NN12 6YY. 01327 350459. www.tovebenefice.org.uk.

- **Little Sprouts:** 9:30 - 11:00.

Parent and child group for under 5's

Ages: Pregnancy - 5 yrs. **Cost:** Free (drop in). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

MUSIC & SIGNING

Sing and Sign - Towcester & Daventry

Pattishall Parish Hall, 44 School Rd, Astcote, Towcester, NN12 8NN.

07506257073. www.singandsign.co.uk.

- **Babes Classes - up to 6 months:** 10:00 - 10:30.

Supporting your baby's communication from the early days

Ages: 1 - 6 mths. **Cost:** £5.50 per session (book).

- **Sing and Sign Babies - (6-14 month):** 13:30 - 14:15.

Signing Baby class - develop communication pre-speech

Ages: 6 mths - 1 yrs 2 mths. **Cost:** £7.50 per session (book).

Dates: 12 Jan - 2 Feb & 23 Feb - 30 Mar.

Towcester Library

Towcester Library, The Forum, Moat Lane, Towcester, NN12 6AD.

0300 126 1000. www3.northamptonshire.gov.uk.

- **Rhymetime:** 10:00 - 10:30 & 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

SWIMMING

Brackley Leisure Centre

Brackley Pool, Manor Rd, Brackley, NN13 6EE. 01280 701787. www.leisurecentre.com.

- **Parent and Child Swim:** 12:00 - 13:00 & 14:30 - 15:30.

Ages: 0 - 5 yrs. **Cost:** £3.90 per session (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Towcester Centre for Leisure

Springfields, Towcester, NN12 6UW. 01327 322480. www.leisurecentre.com.

- **Swimming Lessons:** 16:00 - 18:30.

30-minute swimming lessons for children.

Ages: 3 - 5 yrs. **Cost:** £8 per session (book).

- **Parent and Toddler Swimming:** 9:00 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £4 per session (drop in).

Dates: 5 Jan - 9 Feb & 23 Feb - 30 Mar.

FRIDAY

CREATIVE

Silverstone Methodist Tiggers Playgroup

Silverstone Methodist Chapel, Murswell Lane, Silverstone, NN12

8UT. www.facebook.com.

- **Methodist Tiggers Playgroup:** 9:15 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2 per session (drop in). **Dates:** 6 Jan - 24 Mar.

SWIMMING

Brackley Leisure Centre

Brackley Pool, Manor Rd, Brackley, NN13 6EE. 01280 701787. www.leisurecentre.com.

- **Parent and Child Swim:** 13:00 - 14:00.

Ages: 0 - 5 yrs. **Cost:** £3.90 per session (book). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Towcester Centre for Leisure

Springfields, Towcester, NN12 6UW. 01327 322480. www.leisurecentre.com.

- **Swimming Lessons:** 9:00 - 11:00 & 16:00 - 18:30.

30-minute swimming lessons for children.

Ages: 3 - 5 yrs. **Cost:** £8 per session (book).

- **Parent and Toddler Swimming:** 13:00 - 15:30.

Ages: 0 - 4 yrs. **Cost:** £4 per session (drop in).

Dates: 6 Jan - 10 Feb & 24 Feb - 24 Mar.

SATURDAY

MUSIC & SIGNING

Sing and Sign - Towcester & Daventry

Pattishall Parish Hall, 44 School Rd, Astcote, Towcester, NN12 8NN.

07506257073. www.singandsign.co.uk.

- **Sing and Sign Toddlers - 12-30 months:** 10:00 - 10:45.

Signing Toddler class - develop communication pre-speech

Ages: 1 yrs 2 mths - 2 ½ yrs. **Cost:** £7.50 per session (book). **Dates:** 7 Jan - 28 Jan & 18 Feb - 25 Mar.

PHYSICAL FUN

Brackley Leisure Centre

Springfield Way, Candleford Cl, Brackley, NN13 6JJ. 01280 701787.

www.leisurecentre.com.

- **Gym Tots:** 12:15 - 13:15. **Ages:** 2 - 4 yrs.

Gym sessions for parents with young children.

Cost: £5 (book). **Dates:** 7 Jan - 11 Feb & 25 Feb - 25 Mar.

Little Kickers MK

Elizabeth Woodville School, Stratford Rde, Roade, Northampton,

NN7 2LP. 01494 911133. www.littlekickers.co.uk.

- **Junior Kickers:** 9:10 - 9:55. **Ages:** 2 ½ yrs - 3 ½ yrs.

• **Little Kicks:** 10:00 - 10:45. **Ages:** 1 ½ years - 2 ½ yrs.

• **Mighty Kickers:** 10:50 - 11:35. **Ages:** 3 ½ yrs - 5 yrs.

• **Dates:** 7 Jan - 4 Feb & 18 Feb - 25 Mar. **Cost:** £7.85 (book).

Rugbytots Banbury, Towcester & Northampton

Gateway School, St Johns Rd, Tiffeld, Towcester, NN12 8AA. 0345

313 0286. www.rugbytots.co.uk.

Times: 8:40 - 9:10. **Ages:** 2 yrs - 3 ½ yrs.

- **Rugbytots 3.5 - 5 year olds:** 9:15 - 10:00.

• **Rugbytots 5 - 7 years:** 10:05 - 10:50.

• **Rugbytots 2-3.5 year olds:** 10:55 - 11:25.

Cost: £7.50 per session (book). **Dates:** 7 Jan - 11 Feb.

Towcester Centre for Leisure

Springfields, Towcester, NN12 6UW. 01327 322480. www.leisurecentre.com.

- **Soft Play:** 12:30 - 14:00. **Ages:** 0 - 5 yrs.

Drop in soft play sessions for parents and their little ones

Cost: £3.50 per session (drop in).

The perfect place to learn to swim!



Purpose built family swim centres
in Rugby and Leamington Spa

Warm Pools and friendly classes
with teachers who ooze passion and expertise



OPEN
7 Days a week

For all ages, bumps, babies and big kids too!



hello@swimworks.co.uk | www.swimworks.co.uk

PREGNANCY

MamaBabyBliss South Northamptonshire

Roade House Yoga Studio, 16 High Street, Roade, NN7 2NW. 07779 646649. www.mamababybliss.com.

- **PregnancyBliss Stretch & Relax (Pregnancy Yoga):** 9:15 - 10:15. **Ages:** Pregnancy. **Cost:** £12 (book). **Dates:** 7 Jan - 25 Mar.

SEND ACTIVITIES

SENsational EDucational Kitchen (SEN-ED Kitchen)

SEN-ED Kitchen, 9 Orion Drive, Brackley, NN13 6GE. 07857 635053. senedkitchen.co.uk.

- **Special Educational Needs (SEN) Baking Sessions:** 9:00 - 10:00.

Special Educational Needs (SEN) Baking Sessions

Ages: 2 - 12 yrs. **Cost:** £10 per session (book). **Dates:** 7 Jan - 25 Mar.

SWIMMING

Brackley Leisure Centre

Brackley Pool, Manor Rd, Brackley, NN13 6EE. 01280 701787.

- **Parent and Child Swim:** 11:30 - 13:30.

Ages: 0 - 5 yrs. **Cost:** £3.90 per session (book). **Dates:** 7 Jan - 11 Feb & 25 Feb - 25 Mar.

Towcester Centre for Leisure

Springfields, Towcester, NN12 6UW. 01327 322480. www.leisurecentre.com.

- **Flume and Waves:** 12:00 - 13:30 & 15:00 - 16:30.

Cost: £4 per session (drop in).

- **Swimming Lessons:** 8:00 - 11:15. **Ages:** 3 - 5 yrs.

30-minute swimming lessons for children. **Cost:** £8 (book).

- **Parent and Toddler Swimming:** 13:30 - 14:30.

Ages: 0 - 4 yrs. **Cost:** £4 per session (drop in). **Dates:** 7 Jan - 11 Feb & 25 Feb - 25 Mar.

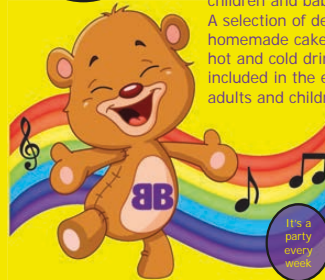
Young Children's Entertainment Group

Covering Northampton, Daventry & Rugby

Prices start from
£5.50 for
1 adult
and 1
child

Boogie Beans provides stimulating, confidence building, interactive musical fun and other surprises for accompanied preschool children and babies.

A selection of delicious homemade cakes as well as hot and cold drinks are included in the entry fee for adults and children.



It's a party every week!

For session details, class availability and more information, please take a look at our website.

Boogie Beans

Booking Required. Please visit our website for session information and bookings.

Tel: 07766 731542 / 07828 182452 **Email:** info@boogiebeans.com

www.boogiebeans.com



SUNDAY

PHYSICAL FUN

MamaBabyBliss South Northamptonshire

Rde House Yoga Studio, 16 High Street, Rde, Northampton, NN7 2NW. 07779 646649. www.mamababybliss.com.

- **Daddy and Baby Massage:** 11:00 - 12:00. **Ages:** 1 - 8 mths.

Dates: 29 Jan, 12 Feb & 5 Mar.

- **Daddy and Baby Yoga:** 11:00 - 12:00. **Ages:** 3 - 9 mths.

Dates: 12 Feb & 19 Mar.

- **Grandparent(s) and Baby Massage:** 11:00 - 12:00.

Ages: 1 - 7 mths. **Dates:** 26 Feb.

Cost: £15 per session (book).

Rugbytots Banbury, Towcester & Northampton

Gateway School, St Johns Rd, Tiffeld, Towcester, NN12 8AA. 0345 313 0286. www.rugbytots.co.uk.

Times: 8:40 - 9:10. **Ages:** 2 yrs - 3 ½ yrs.

- **Rugbytots 3.5 - 5 year olds:** 9:15 - 10:00.

- **Rugbytots 5 - 7 years:** 10:05 - 10:50.

- **Rugbytots 2-3.5 year olds:** 10:55 - 11:25.

Cost: £7.50 (book). **Dates:** 26 Feb - 26 Mar.

SWIMMING

Brackley Leisure Centre

Brackley Pool, Manor Rd, Brackley, NN13 6EE. 01280 701787. www.leisurecentre.com.

- **Parent and Child Swim:** 12:30 - 15:30.

Ages: 0 - 5 yrs. **Cost:** £3.90 (book). **Dates:** 8 Jan - 12 Feb & 26 Feb - 26 Mar.



Mama & Baby Bliss ♥

Pregnancy Yoga, Baby Massage, Baby Yoga,
Postnatal Yoga, Toddler-Led Toileting,
Tummy Time & Starting Solids Workshops
The Roade House Yoga Studio, Roade, NN7 2NW

Book at www.theroadehouse.co.uk

Pregnancy Yoga

Potterspurys Village Hall, Potterspurys, NN12 7PX

Book at bookwhen.com/mbbsouthnorthamptonshire

Contact Hayley on 07779 646649

Towcester Centre for Leisure

Springfields, Towcester, NN12 6UW. 01327 322480.
www.leisurecentre.com.

- **Flume and Waves:** 10:30 - 12:00 & 13:30 - 15:00.

Cost: £4 per session (drop in).

- **Swimming Lessons:** 8:00 - 10:00.

30-minute swimming lessons for children.

Ages: 3 - 5 yrs. **Cost:** £8 per session (book).

- **Parent and Toddler Swimming:** 12:00 - 13:00.

Ages: 0 - 4 yrs. **Cost:** £4 per session (drop in).

Dates: 8 Jan - 26 Mar.

DAVENTRY AREA

MONDAY

PARENTS & TOTS

Humpty Dumpty's

Woodford Halse Memorial Hall, Station Rd, Woodford Halse,
NN11 3RB. 07463 932953. www.facebook.com.

- **Humpty Dumpty's Baby & Toddler Group:** 9:30 - 11:30.

Ages: Pregnancy - 5 yrs. **Cost:** £2.50 per session (book).

Dates: 9 Jan - 6 Feb & 20 Feb - 27 Mar.

MUSIC & SIGNING

Boogie Beansies

Daventry Community, Centre Ashby Rd, Daventry, NN11 9QD.
07766 731542. www.boogiebeansies.com.

Times: 10:00 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £5 per session (book).

Dates: 9 Jan - 27 Mar.

SENSORY & DEVELOPMENT

Baby Sensory Rugby, Daventry & Lutterworth

Welton Village Hall, High Street, Welton, Daventry, NN11 2JP.
07849777705. www.babysensory.com.

- 12:45 - 1:45. **Ages:** 0 - 13 mths

Multi-Sensory learning and development classes

- 9:45 - 10:45. **Ages:** 5 mths - 13 mths

- 11:15 - 12:15. **Ages:** 0 - 6 mths.

Cost: £8 (book). **Dates:** 9 Jan - 13 Feb & 27 Feb - 20 Mar.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.
01327 705915. www.littlekickers.co.uk.

- **Little Kicks:** 9:20 - 10:00. **Ages:** 1 ½ yrs - 2 ½ yrs.

Pre-school football classes from 18months

- **Junior Kickers:** 10:10 - 10:55. **Ages:** 2 ½ yrs - 3 ½ yrs.

- **Mighty Kickers:** 11:05 - 11:50. **Ages:** 3 ½ yrs - 5 yrs.

Cost: £7.49 per session (book). **Dates:** 9 Jan & 9 Jan - 27 Mar.

Everyone Active Daventry Leisure Centre

Lodge Rd, Daventry, NN11 4FP. 01327 871144. www.everyoneactive.com.

- **Indoor Soft Play:** 9:00 - 17:00.

Ages: 2 - 8 yrs. **Cost:** £2.50 per session (drop in).

SWIMMING

Everyone Active Daventry Leisure Centre

Lodge Rd, Daventry, NN11 4FP. 01327 871144.

www.everyoneactive.com.

- **Preschool Swimming Lessons:** 10:15 - 17:30.

Ages: 3 - 5 yrs.

- **Adult and Child Swimming Lessons:** 10:30 - 11:00 & 11:00 - 11:30. **Ages:** 1 yrs 7 mths - 3 yrs.

- **Adult and Child Swimming Lessons:** 10:30 - 11:00 & 11:30 - 12:00. **Ages:** 4 mths - 1 ½ years.

Cost: £6.72 (book). **Dates:** 9 Jan - 6 Feb & 20 Feb - 27 Mar.

JJ Swim School

Station Works, Station Rd, Long Buckby, NN6 7PF.

- **2 Years +:** 9:30 - 10:00. **Ages:** 2 - 3 yrs.

- **1 year +:** 10:00 - 10:30. **Ages:** 1 - 2 yrs.

- **3 months +:** 10:30 - 11:00. **Ages:** 3 mths - 1 yrs.

- **Pre-School:** 9:30 - 10:00, 10:00 - 10:30 & 10:30 - 11:00.

Ages: 3 - 5 yrs. **Dates:** 9 Jan - 27 Mar.

Turtle Tots South East Midlands and Rugby

Mercury Daventry Court Hotel, Sedgemoor Way, Daventry,
NN11 0SG. 0797272922. www.turtletots.com.

- **Turtle Tots** 30 min sessions

Times: 10:00 - 12:30. **Ages:** 3 mths - 1 yrs 4 mths.

Times: 10:00 - 12:27. **Ages:** 2 - 4 yrs.

Dates: 9 Jan - 13 Feb & 27 Feb - 20 Mar. **Cost:** £13 (book).

TUESDAY

PARENTS & TOTS

Holy Cross Church Baby and Toddler Group

12 Abbey Court, Daventry, NN11 4bp. 07369214054.

- **Holy Cross Baby and Toddler Group:** 9:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 10 Jan - 28 Mar.

Home-Start Daventry and South Northants

Eastern Way Playing Field, (the field by the iCon), Daventry, NN11
OPR. 01327 353139. homestartinwestnorthamptonshire.org.uk.

- **Outdoor Fitness and Fun for Under 5s:** 10:00 - 11:30.

Cost: Free (drop in). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Long Buckby Little Rascals

Long Buckby Baptist Church, Market Place, Long Buckby, NN6 7RR.
01327 842587. www.longbuckbybaptist.org.uk.

Times: 9:00 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Strong Start

Daventry Children's Centre, Staverton Rd, Daventry, NN11 4EY. 07880 136070. www.westnorthants.gov.uk.

- **Baby or under 5s event:** 10:00 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free (book). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

MUSIC & SIGNING

Daventry Library

The Abbey Centre, St John's Square, Daventry, NN11 4XG. 0300 126 7000.

- **Rhymetime:** 10:00 - 10:30. **Ages:** 1 - 4 yrs.
- **Bounce and Rhyme:** 10:45 - 11:15. **Ages:** 0 - 1 yrs.

Cost: Free (drop in). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

Sing and Sign - Towcester & Daventry

Cedar Grove Clinic, Daventry, 1 8 High March, High March Industrial Estate, Daventry, Nn11 4HB. 07506257073. www.singandsign.co.uk.

- **Sing and Sign Babies - 6-14 months:** 10:15 - 11:00. *Communication for little ones before they can talk*
- Ages:** 6 mths - 1 yrs 2 mths. **Cost:** £7.50 per session (book).
- **Babes Classes - up to 6 months:** 11:40 - 12:10. *Supporting your baby's communication from the early days*
- Ages:** 1 - 6 mths. **Cost:** £5.50 per session (book).

Dates: 10 Jan - 31 Jan & 21 Feb - 28 Mar.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP. 01327 705915. www.littlekickers.co.uk.

- **Little Kickers:** 16:00 - 17:00. *After-school football classes*
- Ages:** 5 - 7 yrs. **Cost:** £6.25 per session (book). **Dates:** 10 Jan & 10 Jan - 28 Mar.

Everyone Active Daventry Leisure Centre

Lodge Rd, Daventry, NN11 4FP. 01327 871144. www.everyoneactive.com.

- **Indoor Soft Play:** 9:00 - 17:00.
- Ages:** 2 - 8 yrs. **Cost:** £2.50 per session (drop in).

SWIMMING

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP. 01327 871144. www.everyoneactive.com.

- **Preschool Swimming Lessons:** 10:00 - 11:00.
- Ages:** 3 - 5 yrs.
- **Adult and Child Swimming Lessons:** 11:00 - 11:30.
- Ages:** 1 yrs 7 mths - 3 yrs.

Cost: £6.72 (book). **Dates:** 10 Jan - 7 Feb & 21 Feb - 28 Mar.

JJ Swim School

JJ Swim School, Station Works, Station Rd, Long Buckby, NN6 7PF.

- **2 Years +:** 10:00 - 10:30. **Ages:** 2 - 3 yrs.
- **Pre-School:** 10:00 - 10:30. **Ages:** 3 - 5 yrs.

Dates: 10 Jan - 28 Mar.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Hunters Shields, The Avenue, Flore, NN7 4LZ. 01604 372747. www.turtletot.com.

Times: 10:00 - 13:15. **Ages:** 3 mths - 4 yrs. **Cost:** £13 per session (book). **Dates:** 10 Jan - 28 Mar.

WEDNESDAY

PARENTS & TOTS

Toddler Time

Daventry Methodist Church, Golding Close (off Eastern Way), Daventry, NN11 5FB. 01327 843319. www.daventrymethodist.org.

Times: 9:30 - 11:30. **Ages:** 0 - 3 yrs. **Cost:** £1.80 per session (drop in). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

PHYSICAL FUN

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP. 01327 871144. www.everyoneactive.com.

- **Indoor Soft Play:** 9:00 - 17:00.
- Ages:** 2 - 8 yrs. **Cost:** £2.50 per session (drop in).

SWIMMING

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP. 01327 871144. www.everyoneactive.com.

- **Family Swimming:** 10:00 - 10:50, 11:00 - 11:50 & 12:00 - 12:50. *Sessions for everyone, bring along your own fun toys!*
- Ages:** 0 - 16 yrs. **Cost:** £3.75 (book).
- **Stage 1 Swimming Lessons:** 15:45 - 17:45. **Ages:** 4 - 6 yrs. **Cost:** £7.24 (book).
- **Preschool Swimming Lessons:** 15:30 - 16:45. **Ages:** 3 - 5 yrs. **Cost:** £6.72 (book). **Dates:** 4 Jan - 8 Feb & 22 Feb - 29 Mar.

JJ Swim School

JJ Swim School, Station Works, Station Rd, Long Buckby, NN6 7PF.

- **Pre-School Times:** 9:30 - 10:00 & 10:30 - 11:00. **Ages:** 3 - 5 yrs.
- **1 year +:** 10:30 - 11:00. **Ages:** 1 - 2 yrs.
- **3 months +:** 9:30 - 10:00. **Ages:** 3 mths - 1 yrs.

Dates: 11 Jan - 29 Mar.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Hunters Shields, The Avenue, Flore, NN7 4LZ. 01604 372747. www.turtletot.com.

Times: 10:00 - 14:00. **Ages:** 3 mths - 4 yrs. **Cost:** £13 per session (book). **Dates:** 4 Jan - 29 Mar.

Turtle Tots South East Midlands and Rugby

Staverton Park Hotel, Daventry Rd, Daventry, NN11 6JT. 07972772922. www.turtletot.com.

- **Turtle Tots 30 min sessions**
- Times:** 11:00 - 12:00. **Ages:** 3 mths - 1 yrs 4 mths.
- Times:** 11:00 - 12:00. **Ages:** 2 - 4 yrs.
- Cost:** £13 per session (book).
- Dates:** 4 Jan - 15 Feb & 1 Mar - 22 Mar.

THURSDAY

PARENTS & TOTS

Byfield Baby and Toddler Group

Byfield village hall, The green, Byfield, Daventry, NN116UT.

Times: 10:00 - 11:30. **Ages:** Pregnancy - 4 yrs. **Cost:** £2.50 per session (drop in). **Dates:** 5 Jan - 9 Feb, 23 Feb - 30 Mar, 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Home-Start Daventry and South Northants

Rawlings Close Play Park, (Fishponds), Daventry, NN11 4UL. 01327 353139. homestartinwestnorthamptonshire.org.uk.

- **Outdoor Fitness and Fun for Under 5s:** 10:00 - 11:30.
- Ages:** 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Welton Baby & Toddler Group

Welton Village Hall, Welton, Daventry, NN11 2JP. 07551949482.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £2 per session (book). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

MUSIC & SIGNING

Boogie Beansies

Daventry Town Football Club, Browns Rd, Daventry, NN11 4NS. 07766 731542. www.boogiebeansies.com.

Times: 10:00 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £5 per session (book). **Dates:** 5 Jan - 30 Mar.

FUN, friendly, child-centred
SWIMMING CLASSES
for children from
12 weeks to 4 years

CONTACT US LAURA.TWISLTON@TURTLETOTS.COM
 @TTSOUTHEASTMIDSANDRUGBY

www.turtletots.com

Buckby Library & Hub

Buckby Library & Hub, Station Rd, Long Buckby, NN6 7QB.
01604 368274. buckbylibraryhub.org.

- **Stories and Rhymes:** 10:30 - 11:00. **Ages:** 1 - 5 yrs.
Cost: £1 per session (*drop in*). **Dates:** 5 Jan, 5 Jan - 9 Feb & 23 Feb - 30 Mar.

Daventry Library

The Abbey Centre, St John's Square, Daventry, NN11 4XG.
0300 126 7000.

- **Preschool Play:** 14:00 - 15:15. **Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 5 Jan - 9 Feb & 23 Feb - 30 Mar.

PHYSICAL FUN

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.
01327 871144. www.everyoneactive.com.

- **Indoor Soft Play:** 9:00 - 17:00.
Ages: 2 - 8 yrs. **Cost:** £2.50 per session (*drop in*).

SWIMMING

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.
01327 871144. www.everyoneactive.com.

- **Indoor Soft Play:** 9:00 - 17:00.
Ages: 2 - 8 yrs. **Cost:** £2.50 per session (*drop in*).
- **Preschool Swimming Lessons:** 7:00 - 10:00, 8:00 - 11:45 & 11:30 - 17:30. **Ages:** 3 - 5 yrs.
- **Adult and Child Swimming Lessons:** 12:00 - 12:30.
Ages: 1 yrs 7 mths - 3 yrs.
- **Adult and Child Swimming Lessons (4 - 18 months):** 11:00 - 11:30. **Ages:** 4 mths - 1 ½ years.

Cost: £6.72 per session (*book*).
Dates: 5 Jan - 9 Feb & 23 Feb - 30 Mar.

JJ Swim School

JJ Swim School, Station Works, Station Rd, Long Buckby, NN6 7PF.

- **2 Years +:** 10:00 - 10:30. **Ages:** 2 - 3 yrs.
- **1 year +:** 10:30 - 11:00. **Ages:** 1 - 2 yrs.
- **3 months +:** 9:30 - 10:00. **Ages:** 3 mths - 1 yrs.

Dates: 12 Jan - 30 Mar.

- **Pre-School:** 9:30 - 10:00, 10:00 - 10:30 & 10:30 - 11:00.

Ages: 3 - 5 yrs.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Hunters Shields, The Avenue, Flore, NN7 4LZ. 01604 372747.

www.turtletots.com.

Times: 9:30 - 13:00. **Ages:** 3 mths - 4 yrs. **Cost:** £13 per session (*book*). **Dates:** 5 Jan - 30 Mar.

Turtle Tots South East Midlands and Rugby

Mercure Daventry Court Hotel, Sedgemoor Way, Daventry, NN11 0SG. 07972772922. www.turtletots.com.

- **Turtle Tots 30 min sessions**

Times: 10:00 - 12:30. **Ages:** 3 mths - 1 yrs 4 mths.

Times: 10:00 - 12:30. **Ages:** 2 - 4 yrs.

Cost: £13 per session (*book*).

Dates: 5 Jan - 16 Feb & 2 Mar - 23 Mar.

FRIDAY

PARENTS & TOTS

Buckby Library & Hub

Station Rd, Long Buckby, NN6 7QB. 01604 368274.

buckbylibraryhub.org.

- **Stay and Play:** 15:15 - 16:15.

Every Friday of term time. 2.15pm-3.00pm (Free)

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 10 Jan - 28 Mar.

Stay & Play

Long Buckby Community Centre, 41 Station Rd, Long Buckby, NN6 7QB.

Times: 9:30 - 11:30. **Ages:** Pregnancy - 5 yrs. **Cost:** £1 per session (*drop in*). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Timken Tots

Mayfield Park Sports Club, Royal Star Drive, Timken, Daventry, NN11 9FZ. www.facebook.com.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs. **Cost:** £1.50 per session (*drop in*). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Welford Babes and Tots

Welford Community Centre, West Street Playing Fields, Welford, NN6. 07895896967.

- **Welford Babes & Tots:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2 per session (*drop in*). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

MUSIC & SIGNING

Buckby Library & Hub

Station Rd, Long Buckby, NN6 7QB. 01604 368274.

buckbylibraryhub.org.

- **Rhyme Time**

Times: 10:30 - 11:00. **Ages:** 1 - 5 yrs.

Times: 10:45 - 11:15. **Ages:** 1 - 5 yrs.

Dates: 6 Jan - 24 Mar. **Cost:** £1 per session (*drop in*).

- **Stay and Play:** 11:30 - 12:15.

Every Friday of term time. 2.15pm-3.00pm (Free)

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 6 Jan - 10 Feb & 24 Feb - 24 Mar.

PHYSICAL FUN

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.

01327 871144. www.everyoneactive.com.

- **Indoor Soft Play:** 9:00 - 17:00.

Ages: 2 - 8 yrs. **Cost:** £2.50 per session (*drop in*).

SWIMMING

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.
01327 871144. www.everystateactive.com.

• **Stage 1 Swimming Lessons:** 15:45 - 17:45.

Ages: 4 - 6 yrs. **Cost:** £7.24 per session (*book*).

• **Preschool Swimming Lessons:** 16:15 - 16:45.

Ages: 3 - 5 yrs. **Cost:** £6.72 per session (*book*).

Dates: 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Hunters Shields, The Avenue, Flore, NN7 4LZ. 01604 372747.
www.turtlelots.com.

Times: 9:30 - 13:30. **Ages:** 3 mths - 4 yrs. **Cost:** £13 per session

(*book*). **Dates:** 6 Jan - 24 Mar.

SATURDAY

DANCE & DRAMA

Krystle Jayne's Dance Academy

Brixworth Community Centre, Spratton Rd, Brixworth, NN6 9DS.
Krystle: 07791 852891. www.krystlejayedanceacademy.co.uk.

• **Baby Ballet:** 9:30 - 10:00.

Ages: 2 yrs - 3 yrs 11 mths. **Cost:** £4 per session (*book*).

• **Pre-Primary Ballet & Tap:** 10:00 - 10:45.

Ages: 4 - 5 yrs. **Cost:** £5 per session (*book*).

Dates: 7 Jan - 11 Feb & 25 Feb - 25 Mar.

PHYSICAL FUN

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP. 01327 871144. www.everystateactive.com.

• **Indoor Soft Play:** 9:00 - 17:00.

Ages: 2 - 8 yrs. **Cost:** £2.50 per session (*drop in*).

SWIMMING

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.
01327 871144. www.everystateactive.com.

• **Family Swimming:** 12:30 - 13:20.

Sessions for everyone, bring along your own fun toys!

Ages: 0 - 16 yrs. **Cost:** £3.75 per session (*book*).

• **Stage 1 Swimming Lessons:** 8:30 - 12:00 & 8:30 - 11:30.

Ages: 4 - 6 yrs. **Cost:** £7.24 per session (*book*).

• **Adult and Child Swimming Lessons:** 8:30 - 9:00 & 10:30 - 11:00.

Ages: 1 yrs 7 mths - 3 yrs. **Cost:** £6.72 per session (*book*).

Dates: 7 Jan - 11 Feb & 25 Feb - 25 Mar.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Hunters Shields, The Avenue, Flore, NN7 4LZ. 01604 372747.
www.turtlelots.com.

Times: 9:00 - 15:15. **Ages:** 3 mths - 4 yrs. **Cost:** £13 per session

(*book*). **Dates:** 7 Jan - 25 Mar.

Turtle Tots South East Midlands and Rugby

Staverton Park Hotel, Daventry Rd, Daventry, NN11 6JT.
07972772922. www.turtlelots.com.

• **Turtle Tots** 30 min sessions

Times: 11:00 - 13:00. **Ages:** 3 mths - 1 yrs 4 mths.

Times: 11:00 - 13:00. **Ages:** 2 - 4 yrs.

Cost: £13 per session (*book*).

Dates: 7 Jan - 18 Feb & 4 Mar - 25 Mar.

SUNDAY

PHYSICAL FUN

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.
01327 871144. www.everystateactive.com.

• **Indoor Soft Play:** 9:00 - 17:00.

Ages: 2 - 8 yrs. **Cost:** £2.50 per session (*drop in*).

SWIMMING

Everyone Active Daventry Leisure Centre

Daventry Leisure Centre, Lodge Rd, Daventry, NN11 4FP.
01327 871144. www.everystateactive.com.

• **Family Swimming:** 11:30 - 12:20.

Sessions for everyone, bring along your own fun toys!

Ages: 0 - 16 yrs. **Cost:** £3.75 per session (*book*).

• **Adult and Child Swimming Lessons (4 - 18 months):** 8:30 - 9:00.

Ages: 4 mths - 1 ½ years. **Cost:** £6.72 per session (*book*).

Dates: 8 Jan - 12 Feb & 26 Feb - 26 Mar.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Hunters Shields, The Avenue, Flore, NN7 4LZ. 01604 372747.
www.turtlelots.com.

Times: 9:00 - 11:45. **Ages:** 3 mths - 4 yrs. **Cost:** £13 per session

(*book*). **Dates:** 8 Jan - 26 Mar.

Looking for something
specific?

Search at
www.toddleabout.co.uk.

It's easy!



DOWNLOAD **FREE** ON
IOS AND ANDROID

A different kind of family planning

Book That In is the new app that transforms
the way you organise your life and family

Life is busy.




When you have children, you
have to juggle *a lot* of balls.

Drop off. Pick up. Kids clubs.
Parent's evenings. Play dates.
Birthday parties...

It's an organisational nightmare.
Not anymore.

Introducing ...



-  Sync your phone calendar with Book That In.
-  Add calendars for your children so you can share what they are doing with your other half.
-  Drop events and jobs into each other's calendars so nothing gets missed or forgotten again. Sorted!

Download the Book That In App for **FREE!**
www.bookthatin.com/app



Scan & download

DIRECTORY OF ADVERTISERS

Days Out

Gravity Active Entertainment	18
Northampton and Lampport Railway	8
Northampton Museum & Art Gallery	6
Rugrats and Halfpints Indoor Play Centre	25
Tigers Indoor Play Centre	27
The Baby Fayre	8

Gifts & Products

Delicate Sugars	15
-----------------	----

Groups & Classes

Aqualight	30
Baby Sensory	38
Boogie Beans	45
Brixworth Dance Academy	8
Dexterity Dance & Gymnastics	36
Eat Sleep Bake Repeat	35
Hartbeeps	37

JJ Swim School	29
Kidslingo Spanish	37
Krystle Jayne's Dance Academy	28
Little Kickers	39
Music Bugs	40
Northampton County Lawn Tennis Club	34
Northampton Leisure Trust	32
Northampton Gymnastics Academy	30
Oncore Dance Academy	38
Rugbytots	40
SENsational EDucational Kitchen	8
Swim Works	45
Tots Play Northampton South	28
Tumble Tots	40
Turtle Tots	39
Turtle Tots S. E. Midlands	48
Water Babies	24

Health & Pregnancy

Daisy First Aid Northampton	34
MamaBabyBliss	46
My Baby Spa	15
Northampton Leisure Trust	32
Nova Serene Birthing	28
Strong Start	30

Nurseries & Schools

Childbase Nene Valley Day Nursery	18
Northampton High School Nursery	10
Quinton House School	2
Wellingborough School	52

Photographers

Vix Pix Photography	15
---------------------	----

"Doing business without advertising is like winking at someone in the dark. You know what you are doing but nobody else does."

- STUART HENDERSON BRITT

ADVERTISE

from as
little as £23 p/m*



*Price for our rolling contract.

Download our mediapack at
www.toddle.fun/advertrates
or call 01604 532054





Wellingborough School

Founded 1595



@wboroschool

admissions@wellingboroughschool.org
01933 222427

ENQUIRE
NOW



CLICK
HERE

or



SCAN ME